



NORWEST SWIMMING CLUB

Qualifying Meet - 13th January 2024

PROGRAM OF EVENTS

SYDNEY OLYMPIC PARK AQUATIC CENTRE

Session 1 - 13th of January						Session 2 - 13th of January					
M	F	Age	Distance	Stroke	QT	M	F	Age	Distance	Stroke	QT
1	2	Open	400m	Freestyle	5:20.00	31	32	Open	400m	Individual Medley	6:00.00
3	4	12 & Under	100m	Backstroke	1:45.00	33	34	12 & Under	100m	Freestyle	1:30.00
5	6	13 & Over	100m	Backstroke	1:25.00	35	36	13 & Over	100m	Freestyle	1:15.00
7	8	12 & Under	50m	Butterfly	55.00	37	38	12 & Under	50m	Breaststroke	1:05.00
9	10	13 & Over	50m	Butterfly	50.00	39	40	13 & Over	50m	Breaststroke	55.00
11	12	Open MC	50m	Butterfly	NA	41	42	Open MC	50m	Breaststroke	NA
13	14	Open	200m	Breaststroke	3:35.00	43	44	Open	200m	Butterfly	3:10.00
15	16	12 & Under	50m	Freestyle	50.00	45	46	12 & Under	50m	Backstroke	1:00.00
17	18	13 & Over	50m	Freestyle	40.00	47	48	13 & Over	50m	Backstroke	50.00
19	20	Open MC	50m	Freestyle	NA	49	50	Open MC	50m	Backstroke	NA
21	22	Open	200m	Backstroke	3:20.00	51	52	Open	200m	Freestyle	3:00.00
23	24	12 & Under	100m	Breaststroke	1:50.00	53	54	12 & Under	100m	Butterfly	1:45.00
25	26	13 & Over	100m	Breaststroke	1:35.00	55	56	13 & Over	100m	Butterfly	1:25.00
27	28	12 & Under	200m	Individual Medley	3:20.00						
29	30	13 & Over	200m	Individual Medley	3:00.00						

IMPORTANT INFORMATION

- Meet conducted under the rules of SNSW Ltd and is a SMNW approved Meet.
- All Events are Timed Finals.
- Entries via Swim Central.
- Entry Fees: \$12.50 per event (includes the SNSW Meet Levy Fee). SNSW refund policy applies.
- Entries Close: 11:59pm, 2nd January 2024.
- No Late Entries will be accepted.
- Entries limited to 2000 or when timeline reaches 5pm.
- Age as at 13th January 2024.
- Multi Class events will be medalled 1st, 2nd & 3rd Overall
- 50m events will be medalled in each age group 8&u-17&o.
- 100m events will be medalled 10&u, 11, 12, 13, 14, 15&o.
- 200m Individual Medley will be medalled 10&u, 11, 12, 13, 14, 15&o. .
- 200m events will be medalled 13&u and 14&o.
- 400m events will be medalled 13&u and 14&o.
- Assisted self marshalling will be used at this meet. Swimming fastest to slowest heats.
- Visiting clubs will be required to assist with timekeeping.
- The Meet Director reserves the right to amend the program and conditions of entry.
- All enquiries: Belinda - racesecnswc@gmail.com

