

# NORWEST LC QUALIFYING MEET



PROGRAM OF EVENTS

**SATURDAY 13TH JANUARY 2024  
SYDNEY OLYMPIC PARK  
AQUATIC CENTRE**

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Western Sydney Aquatics specialises in teaching swimming, including stroke development, stroke correction, competitive swimming skills and water safety skills. Western Sydney Aquatics meet the needs of Norwest Swimming Club by teaching students ranging from children up to open age competitors. Western Sydney Aquatics is dedicated to producing a high quality swimming education service.

For more information about Western Sydney Aquatics [click here](#) to visit their website or email [swim@westernsydneyaquatics.com.au](mailto:swim@westernsydneyaquatics.com.au)

**THANK YOU TO OUR PARTNERS**

## Norwest Swimming Club Committee

<b>President</b>	<i>Glyn Jackson</i>
<b>Vice President</b>	<i>Hanneke McDonald</i>
<b>Treasurer</b>	<i>Bec Abbott</i>
<b>Secretary</b>	<i>Vacant</i>
<b>Race Secretary</b>	<i>Belinda Havron</i>
<b>Friday Night Convenor</b>	<i>Andrew Wilson</i>
<b>Registrar</b>	<i>Jiggy Kakkad</i>
<b>Fundraising Officer</b>	<i>Jess Robinson</i>
<b>Uniform Officer</b>	<i>Emylia Suvajac</i>
<b>MPIO</b>	<i>Nicole Cherry</i>
<b>General Committee</b>	<i>Jake Miller</i>

## Visiting Technical Officials for the day

*Brad Fahey, Chris Hand, Donna Keith, Faye Lewis, Graham Taylor, Graham Towle, Heidi Roche, Jarryd Keith, Jenny Jalvo, Jose Jalvo, Lyndon Heslop, Michael Tyohy & Nick Keith*

We thank them for their time today!



## Timekeeping Roster

<b>Lane 0</b>	<i>SOPAC/Macquarie Uni</i>
<b>Lane 1</b>	<i>Norwest</i>
<b>Lane 2</b>	<i>Norwest</i>
<b>Lane 3</b>	<i>Norwest</i>
<b>Lane 4</b>	<i>Norwest</i>
<b>Lane 5</b>	<i>Norwest</i>
<b>Lane 6</b>	<i>Norwest</i>
<b>Lane 7</b>	<i>Norwest</i>
<b>Lane 8</b>	<i>Castle Hill/Windsor</i>
<b>Lane 9</b>	<i>Knox/SPLC</i>

**We would like to thank the following clubs for attending our meet**

<i>Acu Blacktown</i>	<i>Mount Annan</i>	<i>Jones</i>	<i>Somerset College</i>
<i>AquaBlitz Toongabbie</i>	<i>Narooma</i>	<i>Katoomba Rsl</i>	<i>Sopac</i>
<i>Auburn SC</i>	<i>Narrabeen</i>	<i>Kincoppal-Rose Bay</i>	<i>Southern Sydney</i>
<i>Barker</i>	<i>Nepean</i>	<i>Kincumber Pacific Dolphins</i>	<i>St George</i>
<i>Bluefins</i>	<i>Newington</i>	<i>Knox Pymble</i>	<i>Swim Infiniti</i>
<i>Carlile</i>	<i>Norwest</i>	<i>Ku-ring-gai</i>	<i>Swimwest</i>
<i>Castle Hill Rsl</i>	<i>Novocastrian</i>	<i>Lane Cove</i>	<i>Sydney University</i>
<i>Charlestown</i>	<i>Nowra</i>	<i>Leichhardt</i>	<i>The Hills</i>
<i>Coulter</i>	<i>Nuswim</i>	<i>Loreto Normanhurst</i>	<i>Titans</i>
<i>Cranbrook</i>	<i>Parramatta</i>	<i>Lower Blue Mountains</i>	<i>Tivoli</i>
<i>Cronulla</i>	<i>Picton</i>	<i>Macquarie Shores</i>	<i>Trinity Grammar</i>
<i>Dapto</i>	<i>Plc Sydney</i>	<i>Macquarie University</i>	<i>Warringah</i>
<i>Forster</i>	<i>Port Macquarie</i>	<i>Manly</i>	<i>Wauchope</i>
<i>Ginninderra</i>	<i>Ravenswood</i>	<i>Mingara</i>	<i>Wenona</i>
<i>Gloucester</i>	<i>Revesby</i>	<i>Mittagong</i>	<i>Windsor</i>
<i>Gosford</i>	<i>Ripples St Marys</i>	<i>Mlc Marlins</i>	<i>Wollongong</i>
<i>Hornsby</i>	<i>Sans Souci</i>	<i>Mosman</i>	<i>Woy Woy</i>
<i>Hunter</i>	<i>Slc Aquadot</i>	<i>Moss Vale</i>	

## Entry Procedures

**Obtain a Program** and check your name against events.

## Assisted Self Marshalling Procedures

- Swimmers are responsible for being ready to take their position on the starting platform or in the water when whistled up by the Referee.
- Swimmers will have assisted self-marshalling at this meet. Check Starters will be available to assist, support and direct swimmers on the pool deck when requested by the swimmer. The Help-Desk Clerk in the marshalling area will indicate when the next heat is required to move to the chairs behind the blocks.
- Swimmers are expected to know what event, heat and lane they will be swimming in from the published program.
- There will also be copies of the race sheets posted in the Marshalling area.
- Swimmers will report to the chairs behind the blocks, for their event preferably via the marshalling area, as per the following process.
- The fastest heats will report first.
- In order to avoid congestion, please note that swimmers need only be available to enter the marshalling area or chairs behind the blocks of four (4) heats prior to their heat for 50m, 100m and 200m events except the slowest heat.
- All other heats in the 400m two (2) heats prior to their heat.
- The first heat of each session should report 5 minutes before the scheduled commencement of the session.
- There will be chairs behind the timekeepers at the start end.
- After the start of the previous heat, swimmers may progress to the next deck chair position without causing any interference to technical officials.
- Swimmers are expected to be at the chair ready for the whistles to start their heat. Swimmers will not be prevented from swimming if they only make it to their seat one heat prior to their event. If they miss their heat, they need to alert a technical official and they will be placed in a spare lane if it becomes available.
- There will still be a Marshalling area setup with two (2) rows of chairs (In case there is a need to revert to full Marshalling). Swimmers will have the option to either report directly to the row of chairs behind each lane or proceed through the Marshalling area to the pool deck. We will have a Help Desk-Clerk (Technical officials) in the Marshalling area to assist swimmers if needed. These Officials will be available for Athletes, Team Managers and Coaches to find information on events, withdraw swimmers and make enquiries.
- Swimmers will leave clothing so that it is able to be collected without re-entering the competition area after their event. (On or over main and warm up pool dividing fence)
- Swimmers exiting the pool after events will move to the swim down pool via designated exits and the rear corridors. One exit is located near the Coaches Room, another on the start side near the walkway exit and two exits in the warm-up pool fencing behind the start area.
- In the event of there being sufficient withdrawals from the heats of an event for the number of heats to be reduced, the Referee may at his/her discretion either amalgamate the heats—by filling vacant lanes with those swimmers whose heat has been cancelled—or reseed the whole event.

**Note: After reporting to the marshal, swimmers should stay in the marshalling area until the check starter directs them to their starting positions. If swimmers wish to leave for any other reason, they should ask the marshal.**

**Coaches or parents are not permitted to be in the marshalling area.**

**Withdrawals:** Competitors who fail to report to the Helpdesk/Checkstarter by the specified time shall be deemed to be a withdrawal.

### **Starting Instructions**

1. Events at this meet will be conducted in accordance with the rules of Swimming NSW.
2. When competitors have been placed behind their blocks, the Starter or Announcer will announce, for example, 50 metres Butterfly, Heat 1.
3. The Referee will give a long whistle to signal competitors to take their positions on the starting platform, or for Backstroke and Medley Relays, to immediately enter the water. A second long whistle shall bring the swimmers immediately to the starting position.
4. On the starter's command "take your marks", competitors will immediately take up their starting positions with at least one foot at the front of the starting platform or, in the case of a Backstroke event, their starting position in the water, and **REMAIN STATIONARY**.
5. When all competitors are stationary, the Starter will give the starting signal by pistol shot, hooter, whistle or command.
6. Any swimmer starting before the starting signal has been given shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the starting signal shall not be given but the remaining swimmers shall be called back and start again.
7. Competitors must finish in the lane in which they start and will remain in the water in their lanes at the finish of the event. On the signal from the Referee, **competitors are to leave the water by the side of the pool as quickly as possible**.
8. If, because of the length of the program, "starting over the top" is used, competitors from the preceding heat are to move to the side of the lane against the finishing wall and remain still or, when the next heat is Backstroke or Medley Relay, move down the lane rope and remain still. When the next heat has started they should leave the pool by the sides as quickly as possible.

# SYDNEY OLYMPIC PARK AQUATIC CENTRE

## WARM UP PROCEDURE

Turn End

9	8	7	6	5	4	3	2	1	0
	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving
Diving Only	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Circle Swimming Only No Diving	Diving Only
<b>9</b>	<b>8</b>	<b>7</b>	<b>6</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0</b>

Start/Finish End

Diving Pool

Diving Only	<b>0</b>
Circle Swimming Only, No Diving	<b>1</b>
Circle Swimming Only, No Diving	<b>2</b>
Circle Swimming Only, No Diving	<b>3</b>
Do Not Use	<b>4</b>
Do Not Use	<b>5</b>
Do Not Use	<b>6</b>
Do Not Use	<b>7</b>
Do Not Use	<b>8</b>
Do Not Use	<b>9</b>

Start/Finish End



## Norwest LC Quaifying Meet - 13/01/2024

### Session Report

Session: 1    Session 1  
 Day of Meet: 1    Starts at 09:00 AM    Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Men 400 Freestyle	15	2	09:00 AM	_____
Finals	2 Women 400 Freestyle	18	2	09:12 AM	_____
Finals	3 Men 12 & Under 100 Backstroke	19	2	09:23 AM	_____
Finals	4 Women 12 & Under 100 Backstroke	47	5	09:28 AM	_____
Finals	5 Men 13 & Over 100 Backstroke	22	3	09:40 AM	_____
Finals	6 Women 13 & Over 100 Backstroke	34	4	09:46 AM	_____
Finals	7 Men 12 & Under 50 Butterfly	66	7	09:55 AM	_____
Finals	8 Women 12 & Under 50 Butterfly	85	9	10:05 AM	_____
Finals	9 Men 13 & Over 50 Butterfly	44	5	10:16 AM	_____
Finals	10 Women 13 & Over 50 Butterfly	57	6	10:22 AM	_____
Finals	11 Men 50 Butterfly Multi-Class	0	0	10:29 AM	_____
Finals	12 Women 50 Butterfly Multi-Class	2	1	10:29 AM	_____
Finals	13 Men 200 Breaststroke	22	3	10:31 AM	_____
Finals	14 Women 200 Breaststroke	21	3	10:42 AM	_____
Finals	15 Men 12 & Under 50 Freestyle	108	11	10:54 AM	_____
Finals	16 Women 12 & Under 50 Freestyle	123	13	11:07 AM	_____
Finals	17 Men 13 & Over 50 Freestyle	56	6	11:23 AM	_____
Finals	18 Women 13 & Over 50 Freestyle	77	8	11:30 AM	_____
Finals	19 Men 50 Freestyle Multi-Class	2	1	11:39 AM	_____
Finals	20 Women 50 Freestyle Multi-Class	3	1	11:40 AM	_____
Finals	21 Men 200 Backstroke	16	2	11:41 AM	_____
Finals	22 Women 200 Backstroke	20	2	11:49 AM	_____
Finals	23 Men 12 & Under 100 Breaststroke	21	3	11:57 AM	_____
Finals	24 Women 12 & Under 100 Breaststroke	30	3	12:04 PM	_____
Finals	25 Men 13 & Over 100 Breaststroke	29	3	12:10 PM	_____
Finals	26 Women 13 & Over 100 Breaststroke	28	3	12:17 PM	_____
Finals	27 Men 12 & Under 200 IM	17	2	12:23 PM	_____
Finals	28 Women 12 & Under 200 IM	25	3	12:30 PM	_____
Finals	29 Men 13 & Over 200 IM	22	3	12:41 PM	_____
Finals	30 Women 13 & Over 200 IM	23	3	12:52 PM	_____
	Swimmers Counts for Warm-ups: 480	====	====		
	Entry / Heat Totals:	1,052	119		
	Finish Time			01:02 PM	_____

**Norwest LC Quaifying Meet - 13/01/2024**  
**Session Report**

Session: 2    Session 2  
Day of Meet: 1    Starts at 01:30 PM    Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	31 Men 400 IM	5	1	01:30 PM	_____
Finals	32 Women 400 IM	3	1	01:36 PM	_____
Finals	33 Men 12 & Under 100 Freestyle	50	5	01:43 PM	_____
Finals	34 Women 12 & Under 100 Freestyle	62	7	01:53 PM	_____
Finals	35 Men 13 & Over 100 Freestyle	48	5	02:06 PM	_____
Finals	36 Women 13 & Over 100 Freestyle	58	6	02:14 PM	_____
Finals	37 Men 12 & Under 50 Breaststroke	97	10	02:25 PM	_____
Finals	38 Women 12 & Under 50 Breaststroke	96	10	02:39 PM	_____
Finals	39 Men 13 & Over 50 Breaststroke	39	4	02:54 PM	_____
Finals	40 Women 13 & Over 50 Breaststroke	49	5	02:59 PM	_____
Finals	41 Men 50 Breaststroke Multi-Class	1	1	03:06 PM	_____
Finals	42 Women 50 Breaststroke Multi-Class	2	1	03:07 PM	_____
Finals	43 Men 200 Butterfly	10	1	03:09 PM	_____
Finals	44 Women 200 Butterfly	8	1	03:13 PM	_____
Finals	45 Men 12 & Under 50 Backstroke	86	9	03:16 PM	_____
Finals	46 Women 12 & Under 50 Backstroke	101	11	03:31 PM	_____
Finals	47 Men 13 & Over 50 Backstroke	39	4	03:49 PM	_____
Finals	48 Women 13 & Over 50 Backstroke	54	6	03:55 PM	_____
Finals	49 Men 50 Backstroke Multi-Class	2	1	04:04 PM	_____
Finals	50 Women 50 Backstroke Multi-Class	3	1	04:05 PM	_____
Finals	51 Men 200 Freestyle	33	4	04:07 PM	_____
Finals	52 Women 200 Freestyle	48	5	04:20 PM	_____
Finals	53 Men 12 & Under 100 Butterfly	17	2	04:36 PM	_____
Finals	54 Women 12 & Under 100 Butterfly	19	2	04:41 PM	_____
Finals	55 Men 13 & Over 100 Butterfly	26	3	04:45 PM	_____
Finals	56 Women 13 & Over 100 Butterfly	20	2	04:51 PM	_____
	Swimmers Counts for Warm-ups: 465	=====	=====		
	Entry / Heat Totals:	976	108		
	Finish Time			04:54 PM	_____

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 1 Men 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

0	Kim, Edward	12	Norwest	4:56.09
1	Zheng, JunQi	14	Castle Hill Rsl	4:44.43
2	Wiseman, Noah	18	Slc Aquadot	4:41.14
3	Street, Lochlan	17	Swimwest	4:31.81
4	Kelly, Hunter	17	Lower Blue Mountains	4:20.05
5	Sebire, Finn	15	The Hills	4:29.19
6	Kelly, Finn	13	Lower Blue Mountains	4:37.17
7	Ingram, Caleb	15	Norwest	4:43.91
8	Valassis, Thomas	13	Revesby	4:44.55
9	Grimley, Callum	15	Swimwest	4:57.39

**Heat 2 of 2 Timed Finals**

2	Dewey, James	13	Sopac	5:13.75
3	Keshishian, Zareh	13	Macquarie University	5:12.16
4	Robertson, Nate	13	Revesby	5:05.56
5	Abbott, Thomas	13	Norwest	5:07.53
6	Lawrence, Cameron	14	Ravenswood	5:12.65

**Event 2 Women 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

0	Fisher, Sienna	14	Southern Sydney	5:02.31
1	Choe, Josephina	14	Macquarie University	4:58.19
2	Moles, Eva	16	Macquarie University	4:55.61
3	Wilson, Maile	14	Carlile	4:48.69
4	Mayne, Hannah	17	Sopac	4:34.97
5	Cherry, Emma	14	Norwest	4:42.93
6	Spadari, Alice	14	Hunter	4:52.30
7	Keating, Caitlyn	13	Sopac	4:57.74
8	Moles, Gracie	14	Macquarie University	4:58.90
9	Sainsbury, Naomi	17	Knox Pymble	5:02.45

**Heat 2 of 2 Timed Finals**

1	Nicotra, Analise	13	Revesby	5:10.89
2	Bugeja, Leaneaka	14	Norwest	5:10.07
3	Rosenfeld, Samantha	15	Macquarie University	5:05.87
4	Garufi, Regan	16	Loreto Normanhurst	5:03.81
5	Wiseman, Hollie	15	Slc Aquadot	5:04.13
6	Williamson, Paige	17	Loreto Normanhurst	5:06.84
7	Coyne, Caitlin	13	Sopac	5:10.89
8	Buckley, Lucinda	12	Mlc Marlins	5:11.62

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 3 Men 12 & Under 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
0	Shen, Daniel	12	Macquarie University	1:27.95
1	Morgan, Alexander	11	Hunter	1:27.01
2	Qu, Aaron	10	Castle Hill Rsl	1:26.02
3	McGee, Ollie	10	Sopac	1:21.06
4	McGee, Carter	12	Sopac	1:11.44
5	Liu, Eddy	12	Trinity Grammar	1:20.77
6	Petrie, William	12	Lower Blue Mountains	1:25.58
7	Miller, Jackson	12	Windsor	1:26.49
8	Kegg, Ryan	11	Mittagong	1:27.14
9	Wang, Tian	10	Sopac	1:28.93
<b>Heat 2 of 2 Timed Finals</b>				
0	Kawanishi, Junpei	10	Carlisle	1:38.62
1	Trnka, Daniel	11	Sopac	1:37.29
2	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	1:34.26
3	Childs, Xabi	11	Plc Sydney	1:31.66
4	Wyper (V), Isaac	10	Somerset College	1:29.85
5	Slater, Mitchell	11	Barker	1:31.23
6	Jin, Cody	10	Norwest	1:31.97
7	Hagen, Billy	10	Mittagong	1:34.48
8	Yang, Jonathan	12	Hornsby	1:37.76

**Event 4 Women 12 & Under 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Timed Finals</b>				
0	Lee, Irene	11	Parramatta	1:20.94
1	Oconnor, Vienna	11	Windsor	1:19.89
2	Yu, Carolyn	12	Revesby	1:19.13
3	Hume, Zara	12	Windsor	1:16.86
4	Clayton, Ella	11	Trinity Grammar	1:11.96
5	Raven, Evie	12	Plc Sydney	1:15.18
6	Dale, Ruby	11	Castle Hill Rsl	1:17.66
7	Ho, Allisa	12	Castle Hill Rsl	1:19.82
8	Young, Molly	11	Warringah	1:20.26
9	Lockie, Aimee	12	Woy Woy	1:22.78
<b>Heat 2 of 5 Timed Finals</b>				
0	Sullivan, Angelica	11	Mount Annan	1:26.15
1	Xu, Hailee	11	Plc Sydney	1:25.69
2	Yung, Rachael	12	Knox Pymble	1:25.17
3	Lutschenkow, Lily	12	Manly	1:23.75
4	Chen, Abigail	10	Plc Sydney	1:23.09
5	Nicoletti, Bianca	12	Norwest	1:23.39
6	Miller, Priscilla	10	Sopac	1:24.56
7	Wilson, Jade	12	Carlisle	1:25.47
8	Xu, Joanna	10	Sopac	1:25.79
9	Fisher, Claire	11	Ravenswood	1:26.81

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 4 Women 12 & Under 100 LC Meter Backstroke)**

0	Crosbie, Liliane	10	Revesby	1:32.65
1	Carew, Hayley	12	Katoomba Rsl	1:32.04
2	Roden, Indi	10	Ripples St Marys	1:31.73
3	Oh, Lina	9	Parramatta	1:29.38
4	Turner-Burns, Bronti	12	Cronulla	1:27.42
5	Lee, Eileen Jia	10	Parramatta	1:27.59
6	Young, Charlotte	12	Windsor	1:30.47
7	Park, Dana	11	Parramatta	1:31.98
8	Murphy, Tully	12	Norwest	1:32.31
9	Huang, Claire	8	Auburn SC	1:33.47

**Heat 4 of 5 Timed Finals**

0	Fan, Cynthia	11	Swim Infiniti	1:39.06
1	Mulcahy, Bridget Deborah	12	Kincumber Pacific Dolphins	1:38.11
2	Park, Kaylene	10	Parramatta	1:36.00
3	Liu, Mengqi	10	Sopac	1:35.60
4	Mabuchi, Anna	12	Macquarie University	1:34.04
5	Hagen, Mae	9	Mittagong	1:34.77
6	Gouws, Olivia	12	Loreto Normanhurst	1:35.88
7	Connolly, Emily	11	Swimwest	1:36.36
8	Nutt, Samantha	12	Loreto Normanhurst	1:38.91
9	Gao, Tiffany	11	Sopac	1:39.18

**Heat 5 of 5 Timed Finals**

1	Fallins, Lucinda	10	Norwest	1:43.62
2	Mcgauley, Holly	10	Castle Hill Rsl	1:42.32
3	Shi, Mia	10	Norwest	1:40.21
4	Williams, Emilee	11	Mingara	1:39.51
5	Guraya, Saranjeet Kaur	11	Windsor	1:40.19
6	McDonald, Mieke	9	Norwest	1:42.23
7	Wu, Elva	11	Swim Infiniti	1:42.44

**Event 5 Men 13 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Timed Finals**

0	Thompson, Jack	17	Warringah	1:08.75
1	Lawrence, Cameron	14	Ravenswood	1:04.93
2	Mathie, Blake	18	Norwest	1:04.84
3	Lawrence, Daniel	16	Ravenswood	1:02.55
4	Kelly, Hunter	17	Lower Blue Mountains	1:02.32
5	Wilson, Angus	15	Norwest	1:02.47
6	Brown, Noah	17	Nuswim	1:02.90
7	Parry, Oliver	16	Norwest	1:04.92
8	Clayton, Maximilian	13	Trinity Grammar	1:07.31
9	Suwattanametin, Pi Piyaput	17	Mount Annan	1:09.15

**Heat 2 of 3 Timed Finals**

0	Davies, Liam	15	Gosford	1:21.18
1	Ford, Samuel	14	Macquarie Shores	1:14.95
2	Luke, Rani	14	Lane Cove	1:13.86
3	Ding, Lucas	13	Macquarie University	1:11.92
4	Kitcher, James	17	Norwest	1:09.82
5	Kelly, Finn	13	Lower Blue Mountains	1:11.76
6	Chelin, Nicolas	14	Mount Annan	1:12.05
7	Malan, Emmett	14	Macquarie University	1:14.59
8	Keshishian, Zareh	13	Macquarie University	1:16.42

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 5 Men 13 & Over 100 LC Meter Backstroke)**

3	Ford, Thomas	16	Macquarie Shores	1:24.99
4	Geng, Jaiden	14	Castle Hill Rsl	1:21.42
5	Bao, Michael	14	Norwest	1:23.28

**Event 6 Women 13 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Timed Finals**

0	Gaudry, Chloe	14	Wenona	1:11.86
1	Wilson, Maile	14	Carlile	1:11.69
2	Raven, Mila	14	Plc Sydney	1:10.88
3	Durkin, Zara	15	Manly	1:10.60
4	Downs, Jade	16	Kincumber Pacific Dolphins	1:09.00
5	Milanovic, Lily	15	Kincumber Pacific Dolphins	1:10.13
6	Deery, Liana	15	Ginninderra	1:10.69
7	Carmichael, Hannah	16	Knox Pymble	1:11.67
8	Robinson, Matilda	15	Norwest	1:11.75
9	Swann, Amelie	14	Narrabeen	1:12.65

**Heat 2 of 4 Timed Finals**

0	Borg, Emma	15	Lower Blue Mountains	1:15.51
1	Yi, Kaitlyn	13	Sopac	1:15.40
2	Callon, Lily	13	Leichhardt	1:15.09
3	Bosso-Gardiner, Sofia	13	Plc Sydney	1:13.80
4	Hadlow, Alyssa	17	The Hills	1:12.80
5	Sheppherd, Bec	45	Hornsby	1:13.65
6	Wei, Yvie	15	Macquarie University	1:14.60
7	Finau, Kalia	14	Tivoli	1:15.17
8	Scislo, Sophie	14	Forster	1:15.47
9	Bridley, Claire	14	Ginninderra	1:16.68

**Heat 3 of 4 Timed Finals**

0	Roden, Addison	13	Ripples St Marys	1:22.41
1	Loh, Makayla	13	Castle Hill Rsl	1:21.11
2	Stone, Alexandra	13	Windsor	1:19.71
3	Anderson, Matilda	14	Barker	1:18.66
4	Wilson, Madeleine	13	Norwest	1:16.85
5	Bamford, Piper	14	Forster	1:17.76
6	Lavender, Sophie	13	Windsor	1:19.20
7	Brown, Jemma	14	Nuswim	1:20.18
8	Vintila, Andra	15	Castle Hill Rsl	1:21.76
9	Stephen, Willow	13	Windsor	1:23.15

**Heat 4 of 4 Timed Finals**

3	Kegg, Delilah	13	Mittagong	1:24.77
4	Ng, Aliza	13	Castle Hill Rsl	1:23.49
5	Singh, Pareena	14	Castle Hill Rsl	1:23.94
6	Sebire, Elodie S14	13	Norwest	NT

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 7 Men 12 & Under 50 LC Meter Butterfly**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 7 Timed Finals</b>				
0	Huang, Jackson	12	Norwest	35.54
1	Carmichael, Hamish	12	Forster	34.65
2	Brown, Luke	12	Windsor	33.65
3	Kim, Edward	12	Norwest	33.25
4	Pilbeam, James	12	Norwest	30.13
5	McBrien, Christian	11	Norwest	31.12
6	Liu, Eddy	12	Trinity Grammar	33.37
7	Alvarez, Lucas	12	Windsor	33.66
8	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	34.73
9	He, Zhenglin	12	Macquarie University	35.99
<b>Heat 2 of 7 Timed Finals</b>				
0	Gulia, Rishik	12	Sopac	37.65
1	Maclennan, Harvey	12	Macquarie University	37.07
2	Lee, David	10	Parramatta	36.64
3	Sinclair, Levi	12	Woy Woy	36.40
4	Song, Chris	10	Lane Cove	36.09
5	Ranasinghe, Oneth	12	Castle Hill Rsl	36.24
6	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	36.51
7	Zhang, Daniel	11	Plc Sydney	36.90
8	Way, Mathias	12	Gosford	37.43
9	Havron, Oliver	12	Norwest	38.03
<b>Heat 3 of 7 Timed Finals</b>				
0	Apthorpe, Flynn	11	Port Macquarie	41.45
1	Kwon, Nicholas	12	Macquarie University	40.89
2	Wang, Tian	10	Sopac	40.42
3	Wiseman, Coby	12	Slc Aquadot	39.54
4	Song, Ethan	9	Lane Cove	38.65
5	Qu, Aaron	10	Castle Hill Rsl	38.96
6	Kang, Aaron	9	Sopac	40.02
7	Huang, Jayden	12	Norwest	40.74
8	Luk, Austin	9	Carlisle	41.35
9	Wu, Arthur	9	Norwest	41.62
<b>Heat 4 of 7 Timed Finals</b>				
0	Sproll, Joseph	11	Kincumber Pacific Dolphins	44.71
1	Barisic, Patrick	11	Sopac	44.18
2	Smith, Harrison	12	Mittagong	43.19
3	Hagen, Billy	10	Mittagong	42.58
4	Huo, Wilson	10	St George	42.11
5	Wang, Sean	11	Auburn SC	42.43
6	Zhao, Jayden	12	Norwest	42.69
7	Ladden, Tyler	11	Sopac	43.51
8	Yang, Ashton	8	Knox Pymble	44.28
9	Dobson, Byron	9	Kincumber Pacific Dolphins	45.13

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 7 Men 12 & Under 50 LC Meter Butterfly)**

0	Zhang, Aaron	8	Mlc Marlins	47.49
1	Royal, Marlow	12	Lane Cove	47.45
2	Ting, Lawrence	10	Swim Infiniti	47.16
3	Zhuo, Youting	9	Swim Infiniti	46.68
4	Huang, Jayden	9	Knox Pymble	45.47
5	Liu, Boao	8	Norwest	46.13
6	Massali-Singh, Armaan	12	Norwest	47.01
7	Li, Matthew	10	Sopac	47.39
8	Lee, Flynn	8	Parramatta	47.45
9	Stone, Harrison	10	Windsor	47.77

**Heat 6 of 7 Timed Finals**

0	Lee, Joshua	11	Knox Pymble	50.04
1	Wen, Luke	9	Castle Hill Rsl	49.78
2	Low, Henry	10	Woy Woy	49.66
3	Kakkad, Dhruv	10	Norwest	49.21
4	Har, Aiden	8	Mlc Marlins	49.07
5	Meldrum, Immanuel	10	Sopac	49.13
6	Skinner, Toby	9	Sopac	49.59
7	Morgan, Ethan	9	Hunter	49.78
8	Wang, Aaron	9	Knox Pymble	49.99
9	Wang, Ryan	7	Auburn SC	50.30

**Heat 7 of 7 Timed Finals**

2	Mills, Luca	10	Windsor	52.57
3	Kawanishi, Junpei	10	Carlile	51.99
4	Coyne, Liam	9	Sopac	50.75
5	Sproll, Oliver	9	Kincumber Pacific Dolphins	51.84
6	Sebire, Emerson	11	The Hills	52.51
7	Zhang, Lucas	9	Norwest	55.00

**Event 8 Women 12 & Under 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Timed Finals**

0	Cai, Dora	10	Mlc Marlins	34.58
1	Lee, Irene	11	Parramatta	34.47
2	Raven, Evie	12	Plc Sydney	34.11
3	Nicoletti, Bianca	12	Norwest	33.06
4	Ho, Allisa	12	Castle Hill Rsl	31.38
5	Dale, Ruby	11	Castle Hill Rsl	32.90
6	Yung, Rachael	12	Knox Pymble	33.08
7	Chapman, Tahlia	11	Windsor	34.36
8	Lin, Aurora	11	Castle Hill Rsl	34.55
9	Lee, Romee	9	Parramatta	34.64

**Heat 2 of 9 Timed Finals**

0	Burke, Olivia	12	Mlc Marlins	36.80
1	Wilson, Jade	12	Carlile	36.78
2	Sumner, Alannah	12	Norwest	36.18
3	Oconnor, Vienna	11	Windsor	35.13
4	Sansom, Anna	11	Loreto Normanhurst	34.73
5	Hume, Zara	12	Windsor	34.82
6	Biermann, Edwina	11	Ripples St Marys	35.59
7	Hugo, Jaimee	11	Revesby	36.31
8	Samyia, Lucinda	12	Bluefins	36.79
9	Gaudry, Millie	11	Warringah	37.03



## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 8 Women 12 & Under 50 LC Meter Butterfly)**

0	Carew, Hayley	12	Katoomba Rsl	38.56
1	Wu, Elva	11	Swim Infiniti	38.42
2	Sunderland, Poppy	12	Knox Pymble	38.26
3	Loh, Kathleen	11	Norwest	37.14
4	Park, Dana	11	Parramatta	37.06
5	Mackay, Madeleine	12	Wollongong	37.12
6	McIntyre, Bernadette	12	The Hills	37.31
7	Sullivan, Angelica	11	Mount Annan	38.34
8	Williams, Emilee	11	Mingara	38.56
9	Fardell, Ava	11	Kincumber Pacific Dolphins	38.58

**Heat 4 of 9 Timed Finals**

0	Pan, Lena	10	Knox Pymble	40.78
1	Xu, Joanna	10	Sopac	40.01
2	Lowe, Madison	12	Macquarie University	39.51
3	Spiteri, Sienna	12	Leichhardt	39.21
4	Li, Sophia	11	Ravenswood	38.95
5	Wu, Sophia	11	Knox Pymble	39.06
6	Park, Kaylene	10	Parramatta	39.44
7	Watson, Chloe	11	Manly	39.94
8	Biermann, Adelaide	10	Ripples St Marys	40.18
9	Kang, Lauren	10	Parramatta	40.90

**Heat 5 of 9 Timed Finals**

0	Gouws, Olivia	12	Loreto Normanhurst	42.31
1	Cox, Serena	10	Manly	42.13
2	Harrington, Rose	11	Norwest	41.77
3	Dunlop, Lily	11	Windsor	40.97
4	Young, Charlotte	12	Windsor	40.92
5	Marionneauxwegg, Abigail	9	Windsor	40.92
6	Saliba, Amelia	11	Nepean	41.76
7	Chen, Abigail	10	Plc Sydney	41.88
8	Qian, Jasmine	11	Swim Infiniti	42.23
9	Collins, Elizabeth	10	Sopac	42.36

**Heat 6 of 9 Timed Finals**

0	McGee, Jemima	8	Sopac	44.03
1	Lin, Selene	9	Castle Hill Rsl	43.67
2	Hughes, Sofia	11	Revesby	43.09
3	Murphy, Tully	12	Norwest	42.84
4	Yu, Joyce	11	Mosman	42.51
5	Roden, Indi	10	Ripples St Marys	42.81
6	Viloria, Sophie	11	The Hills	42.88
7	Huang, Claire	8	Auburn SC	43.19
8	Gao, Tiffany	11	Sopac	44.01
9	Perry, Zahli	11	Norwest	44.42

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 7 Timed Finals... (Event 8 Women 12 & Under 50 LC Meter Butterfly)**

0	Li, Alyssa	9	Macquarie University	47.08
1	Fallins, Lucinda	10	Norwest	46.82
2	Khaliqi, Menhal	9	Acu Blacktown	46.44
3	Negri, Keira	12	Norwest	45.93
4	Assaf, Lucia	10	Norwest	44.66
5	Piniero, Cairee	9	Sopac	45.39
6	Lu, Ailin	9	Carlile	46.40
7	Fan, Cynthia	11	Swim Infiniti	46.45
8	Petrie, Sophie	10	Lower Blue Mountains	47.03
9	Zhang, Chloe	10	Castle Hill Rsl	47.55

**Heat 8 of 9 Timed Finals**

0	Connolly, Emily	11	Swimwest	52.35
1	Shi, Mia	10	Norwest	51.65
2	Nutt, Samantha	12	Loreto Normanhurst	50.97
3	Ranasinghe, Onelly	10	Castle Hill Rsl	49.24
4	Green, Elsie	10	Carlile	48.36
5	Hagen, Mae	9	Mittagong	48.65
6	Kim, Isabella	9	Parramatta	50.61
7	Mcgauley, Holly	10	Castle Hill Rsl	51.48
8	Vintila, Isabelle	10	Castle Hill Rsl	52.16
9	Green, Frankie	11	Wauchope	52.79

**Heat 9 of 9 Timed Finals**

2	Williams, Sydney	9	Windsor	54.87
3	Sablina, Darya	8	Norwest	54.25
4	Pradhan, Sachie	9	Coulter	53.57
5	Perry, Harper	9	Norwest	54.08
6	Ye, Ellie	8	Auburn SC	54.37

**Event 9 Men 13 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Timed Finals**

0	Bunney, Lachlan	16	Kincumber Pacific Dolphins	27.88
1	Nam, Junseong	15	Plc Sydney	27.71
2	Phang, Zhi Hao	16	The Hills	27.20
3	Keat, Hamish	17	Picton	26.40
4	Lawrence, Daniel	16	Ravenswood	25.88
5	Suvajac, Nicholas	17	Norwest	26.27
6	Woodrow, Harrison	16	Barker	27.18
7	London, Daniel	15	Macquarie University	27.32
8	Regattieri, Tahj	15	Kincumber Pacific Dolphins	27.81
9	Kitcher, James	17	Norwest	27.97

**Heat 2 of 5 Timed Finals**

0	Kwon, Christopher	15	Macquarie University	29.90
1	Mudannayake, Riyon	14	Sopac	29.76
2	McNaught, Hamish	16	Barker	29.41
3	McIntyre, Ethan	15	The Hills	29.11
4	Hamilton-Hay, Asher	15	Sydney University	28.11
5	Sullivan, Sean	14	Mount Annan	28.16
6	Geoghegan, Stefan	15	Norwest	29.35
7	Street, Lochlan	17	Swimwest	29.56
8	Zheng, JunQi	14	Castle Hill Rsl	29.83
9	White, Jake	14	Macquarie University	29.91

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 9 Men 13 & Over 50 LC Meter Butterfly)**

0	Li, Kevin	14	Macquarie University	31.08
1	Scott, Ben	14	Macquarie University	30.84
2	Lay, Kingston	13	Castle Hill Rsl	30.57
3	Au-Yeung, Nathan	15	The Hills	30.30
4	Parry, Oliver	16	Norwest	30.13
5	Tuthill, Xander	13	Ripples St Marys	30.25
6	O'Maley, Lucas	13	Mittagong	30.55
7	Mateo, Ethan	15	Castle Hill Rsl	30.72
8	Lowe, Ethan	15	Macquarie University	31.02
9	Huang, Oliver	14	Norwest	32.05

**Heat 4 of 5 Timed Finals**

0	Hine, William	13	Lower Blue Mountains	35.47
1	Brown, Riley	14	Forster	34.42
2	Fang, Justin	13	Mlc Marlins	34.21
3	Abbott, Thomas	13	Norwest	33.83
4	Chan, Ryan	14	Sopac	32.72
5	Grimley, Callum	15	Swimwest	33.67
6	Hu, Ronni	13	Sopac	33.84
7	Mundey, Campbell	13	Macquarie University	34.34
8	Robertson, Nate	13	Revesby	34.91
9	Bao, Michael	14	Norwest	37.69

**Heat 5 of 5 Timed Finals**

3	Sunderland, Wilf	14	Ku-ring-gai	40.47
4	Rambow, Aidan	13	The Hills	38.75
5	O'Brien, Andrew	13	Norwest	39.52
6	Hill, Sean	13	Bluefins	42.88

**Event 10 Women 13 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Timed Finals**

0	Pickthall, Ruby	15	Knox Pymble	31.23
1	Spadari, Alice	14	Hunter	30.86
2	Deery, Liana	15	Ginninderra	30.34
3	Raven, Mila	14	Plc Sydney	29.87
4	Ruzek, Felicity	15	Kincumber Pacific Dolphins	29.50
5	Clayton, Sarah	15	Castle Hill Rsl	29.59
6	Milanovic, Lily	15	Kincumber Pacific Dolphins	30.17
7	Assaf, Amelie	14	Norwest	30.66
8	Leros, Marissa	14	Sans Souci	31.01
9	Barsoum, Jemima	15	Sans Souci	31.23

**Heat 2 of 6 Timed Finals**

0	Bochenek, Iris	14	Revesby	31.85
1	Moles, Gracie	14	Macquarie University	31.75
2	Simsek, Alice	14	Sans Souci	31.55
3	Dale, Olivia	13	Castle Hill Rsl	31.49
4	Goulston, Stella	14	Knox Pymble	31.26
5	Chantler, Madison	14	Mlc Marlins	31.35
6	McBrien, Gabriella	16	Norwest	31.55
7	Gaudry, Chloe	14	Wenona	31.64
8	Durkin, Zara	15	Manly	31.78
9	Wilson, Maile	14	Carlile	32.01

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 10 Women 13 & Over 50 LC Meter Butterfly)**

0	Old, Madeline	15	The Hills	33.28
1	Schultz, Hayley	14	Castle Hill Rsl	32.95
2	Cherry, Emma	14	Norwest	32.88
3	Bosso-Gardiner, Sofia	13	Plc Sydney	32.66
4	Lavender, Sophie	13	Windsor	32.07
5	Bamford, Piper	14	Forster	32.32
6	Sainsbury, Naomi	17	Knox Pymble	32.75
7	Nicotra, Alexia	13	Revesby	32.88
8	Perry, Kaitlin	13	Forster	33.25
9	Binks, Katherine	15	Wollongong	33.32

**Heat 4 of 6 Timed Finals**

0	Stone, Alexandra	13	Windsor	35.68
1	Vintila, Andra	15	Castle Hill Rsl	34.88
2	Hooley, Ella	13	Manly	34.76
3	Ng, Aliza	13	Castle Hill Rsl	33.89
4	Song, Sarah	14	The Hills	33.32
5	Bugeja, Leaneaka	14	Norwest	33.60
6	Navarro-Flood, Caoilainn	13	Plc Sydney	34.34
7	Coyne, Caitlin	13	Sopac	34.78
8	Borg, Emma	15	Lower Blue Mountains	35.03
9	Singh, Pareena	14	Castle Hill Rsl	35.80

**Heat 5 of 6 Timed Finals**

0	Davis, Summer	14	Picton	39.65
1	huo, Jessica	13	St George	37.85
2	Yen, Mikayla	15	Norwest	37.15
3	Roden, Addison	13	Ripples St Marys	36.16
4	Hand, Madeleine	19	Windsor	35.83
5	Weerakoon, Lara	14	Norwest	36.08
6	Loh, Makayla	13	Castle Hill Rsl	36.82
7	Truong, Chloe	13	Macquarie University	37.59
8	Gulia, Ria	14	Sopac	38.09
9	Basaran, Leyla	14	Swimwest	40.26

**Heat 6 of 6 Timed Finals**

1	Green, Matilda	13	Wauchope	49.20
2	Morgan, Claudia	13	Hunter	45.11
3	Kelly, Isabelle	13	Manly	42.23
4	Li, Isabel	13	Norwest	40.68
5	Vandermeer, Amelia	16	Ripples St Marys	40.95
6	Bottino, Giaan	13	Castle Hill Rsl	44.93
7	Luland, Sophie	13	Woy Woy	45.63

**Event 12 Women 50 LC Meter Butterfly Multi-Class**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

4	Apthorpe, Iesha S19	19	Nuswim	30.05
5	Sebire, Elodie S14	13	Norwest	NT

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 13 Men 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
0	Sorrentino, Adriano	15	Sopac	2:53.66
1	Mudannayake, Riyon	14	Sopac	2:48.47
2	Brown, Ryan	15	Forster	2:47.00
3	Martin, Thomas	14	Ravenswood	2:44.66
4	Phang, Zhi Yong	17	The Hills	2:33.10
5	McDonald, Finn	14	Norwest	2:40.55
6	Jakes, Dylan	13	Titans	2:45.69
7	Sullivan, Sean	14	Mount Annan	2:48.15
8	Huang, James	14	Norwest	2:48.64
9	McBrien, Christian	11	Norwest	2:54.78
<b>Heat 2 of 3 Timed Finals</b>				
0	Oxenford, Noah	12	Knox Pymble	3:15.90
1	Siu, Ethan	13	Jones	3:08.83
2	Luke, Rani	14	Lane Cove	3:03.35
3	Ritchie, Lachlan	14	Sopac	2:56.10
4	Zhao, Dean	11	Norwest	2:55.83
5	Tuthill, Xander	13	Ripples St Marys	2:55.83
6	Wilde, Ciaran	15	Lane Cove	2:59.21
7	Valassis, Thomas	13	Revesby	3:04.33
8	Petrie, William	12	Lower Blue Mountains	3:11.15
<b>Heat 3 of 3 Timed Finals</b>				
3	Morphett, Noah	11	Nepean	3:29.46
4	Hawkyard, Joseph	11	Nowra	3:28.05
5	Massali-Singh, Armaan	12	Norwest	3:28.09

**Event 14 Women 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
0	yeo, tam	14	Castle Hill Rsl	3:04.41
1	Choe, Josephina	14	Macquarie University	3:01.72
2	Wong, Lok Yiu Kaylie	14	Norwest	2:57.71
3	Simsek, Alice	14	Sans Souci	2:55.10
4	Low, Megan	15	Woy Woy	2:49.65
5	Arnot, Annabel	16	Mittagong	2:51.69
6	Napoli, Kate	14	Loreto Normanhurst	2:55.30
7	Song, Sarah	14	The Hills	2:57.96
8	McLeod, Callie	15	Picton	3:02.67
9	Ward, Emma	13	Lane Cove	3:05.07
<b>Heat 2 of 3 Timed Finals</b>				
1	Toia, Olivia	13	Sopac	3:26.41
2	Hooley, Ella	13	Manly	3:18.64
3	Brown, Olivia	15	Windsor	3:16.07
4	Kumar, Sahana	14	Plc Sydney	3:08.80
5	Sumner, Alannah	12	Norwest	3:14.58
6	Choe, Felicia	12	Macquarie University	3:17.59
7	Ingram, Liesje	13	Norwest	3:18.79
8	Morgan, Claudia	13	Hunter	3:27.43
<b>Heat 3 of 3 Timed Finals</b>				
3	Chen, Abigail	10	Plc Sydney	3:33.02
4	Kumar, Vrinda	11	Plc Sydney	3:27.96
5	Hugo, Jaimee	11	Revesby	3:32.49

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 15 Men 12 & Under 50 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 11 Timed Finals</b>				
0	Kim, Edward	12	Norwest	30.77
1	Carmichael, Hamish	12	Forster	30.52
2	McBrien, Christian	11	Norwest	29.48
3	Pilbeam, James	12	Norwest	28.86
4	Honor, Bradley	11	Sopac	28.37
5	Liu, Eddy	12	Trinity Grammar	28.63
6	Alvarez, Lucas	12	Windsor	29.00
7	Mead, Kobi	12	Slc Aquadot	30.25
8	Brown, Luke	12	Windsor	30.67
9	Ranasinghe, Oneth	12	Castle Hill Rsl	31.05
<b>Heat 2 of 11 Timed Finals</b>				
0	Hunstone, Antonio	12	Moss Vale	32.07
1	Davies, Rowan	12	Gosford	32.03
2	He, Zhenglin	12	Macquarie University	31.91
3	Huang, Jackson	12	Norwest	31.43
4	Yang, Jonathan	12	Hornsby	31.24
5	Sinclair, Levi	12	Woy Woy	31.25
6	Havron, Oliver	12	Norwest	31.89
7	Slater, Mitchell	11	Barker	31.94
8	Vicary, Byron	11	Forster	32.03
9	Wang, Sean	11	Auburn SC	32.84
<b>Heat 3 of 11 Timed Finals</b>				
0	Kwon, Nicholas	12	Macquarie University	33.68
1	Childs, Xabi	11	Plc Sydney	33.51
2	Zhang, Daniel	11	Plc Sydney	33.05
3	Zhao, Jayden	12	Norwest	32.98
4	Gulia, Rishik	12	Sopac	32.87
5	Qu, Aaron	10	Castle Hill Rsl	32.89
6	Kegg, Ryan	11	Mittagong	33.04
7	Zhao, Timmy	11	Auburn SC	33.08
8	Maclennan, Harvey	12	Macquarie University	33.66
9	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	33.68
<b>Heat 4 of 11 Timed Finals</b>				
0	Way, Mathias	12	Gosford	34.58
1	Morgan, Alexander	11	Hunter	34.52
2	Shen, Daniel	12	Macquarie University	34.50
3	Jiang, Lawrence	11	Auburn SC	34.31
4	Lee, David	10	Parramatta	33.91
5	Vakili, Hunter	10	Lane Cove	34.06
6	Apthorpe, Flynn	11	Port Macquarie	34.47
7	Wang, Tian	10	Sopac	34.52
8	Miller, Jackson	12	Windsor	34.53
9	Vakili, Harrison	10	Lane Cove	34.66

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 15 Men 12 & Under 50 LC Meter Freestyle)**

0	Ting, Lawrence	10	Swim Infiniti	35.88
1	Liu, Roy	11	Swim Infiniti	35.66
2	Smith, Harrison	12	Mittagong	35.52
3	Wiseman, Coby	12	Slc Aquadot	35.23
4	Kang, Aaron	9	Sopac	34.97
5	Street, Lucas	10	Leichhardt	35.23
6	Huo, Wilson	10	St George	35.41
7	Yang, Ashton	8	Knox Pymble	35.55
8	Parsons, Blaire	11	Mingara	35.87
9	Hagen, Billy	10	Mittagong	35.95

**Heat 6 of 11 Timed Finals**

0	Barisic, Patrick	11	Sopac	37.02
1	Meldrum, Immanuel	10	Sopac	36.59
2	Trnka, Daniel	11	Sopac	36.09
3	Ladden, Tyler	11	Sopac	36.03
4	Royal, Marlow	12	Lane Cove	35.98
5	Huang, Jayden	12	Norwest	36.01
6	Massali-Singh, Armaan	12	Norwest	36.05
7	Neoh, Ethan Wenyao	12	Swim Infiniti	36.58
8	Zhuo, Youting	9	Swim Infiniti	36.94
9	Stone, Harrison	10	Windsor	37.09

**Heat 7 of 11 Timed Finals**

0	Dobson, Byron	9	Kincumber Pacific Dolphins	38.36
1	Georgaris, Kye	10	Sans Souci	38.10
2	Luk, Austin	9	Carlile	37.72
3	Wu, Arthur	9	Norwest	37.58
4	Jin, Cody	10	Norwest	37.12
5	Sproll, Joseph	11	Kincumber Pacific Dolphins	37.38
6	Huang, Jayden	9	Knox Pymble	37.64
7	Lee, Joshua	11	Knox Pymble	38.06
8	Morgan, Ethan	9	Hunter	38.27
9	Zhang, Lucas	9	Norwest	38.77

**Heat 8 of 11 Timed Finals**

0	Ellison, Kobi	8	Dapto	40.48
1	Coyne, Liam	9	Sopac	40.09
2	Liu, Boao	8	Norwest	39.74
3	Li, Matthew	10	Sopac	39.00
4	Ellison, Lukas	9	Dapto	38.81
5	Kakkad, Dhruv	10	Norwest	38.81
6	Sebire, Emerson	11	The Hills	39.57
7	Mills, Luca	10	Windsor	39.79
8	Har, Aiden	8	Mlc Marlins	40.38
9	Suvorov, Daniel	10	Coulter	40.50

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 9 Timed Finals... (Event 15 Men 12 & Under 50 LC Meter Freestyle)**

0	Di, Elvin	10	Castle Hill Rsl	41.81
1	Smith, Jamie	10	Mittagong	41.75
2	Savic, Adrian	12	Lane Cove	41.35
3	Wen, Luke	9	Castle Hill Rsl	41.21
4	Skinner, Toby	9	Sopac	40.74
5	Raymond, Evan	12	Bluefins	40.83
6	Sproll, Oliver	9	Kincumber Pacific Dolphins	41.28
7	Low, Henry	10	Woy Woy	41.44
8	Connolly, Benjamin	10	Swimwest	41.78
9	Wang, Aaron	9	Knox Pymble	42.24

**Heat 10 of 11 Timed Finals**

0	Cook, Edward	9	Norwest	45.06
1	Wu, Dylan	9	Hornsby	44.89
2	Cox, William	9	Norwest	43.99
3	Wang, Ryan	7	Auburn SC	43.37
4	Ding, Dennis	8	Auburn SC	42.60
5	Lee, Flynn	8	Parramatta	43.16
6	Qian, Ethan	8	Revesby	43.69
7	Lang, Oliver	8	Norwest	44.48
8	Valente, Caetano	10	Norwest	44.94
9	Zhang, Aaron	8	Mlc Marlins	45.28

**Heat 11 of 11 Timed Finals**

1	Perry, Jett	7	Norwest	49.89
2	Bao, Andrew	9	Norwest	49.75
3	Katoozi, Kaveh	11	Lane Cove	46.01
4	Lee, Daniel	9	Parramatta	45.57
5	Irwin, Marcus	10	Norwest	45.82
6	Beck, Zachary	9	Lane Cove	47.13
7	Liu, Matthew	9	Swim Infiniti	49.80
8	Irwin, Samuel	7	Norwest	49.98

**Event 16 Women 12 & Under 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 13 Timed Finals</b>				
0	Lee, Irene	11	Parramatta	31.00
1	Cai, Dora	10	Mlc Marlins	30.53
2	Nicoletti, Bianca	12	Norwest	30.40
3	Dale, Ruby	11	Castle Hill Rsl	30.08
4	Assaf, Isabella	12	Norwest	29.21
5	Ho, Allisa	12	Castle Hill Rsl	30.03
6	Raven, Evie	12	Plc Sydney	30.33
7	Clayton, Ella	11	Trinity Grammar	30.45
8	Young, Molly	11	Warringah	30.93
9	Yung, Rachael	12	Knox Pymble	31.04



## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 2 Timed Finals... (Event 16 Women 12 & Under 50 LC Meter Freestyle)**

0	Li, Sophia	11	Ravenswood	31.91
1	Gaudry, Millie	11	Warringah	31.88
2	Park, Dana	11	Parramatta	31.61
3	Hume, Zara	12	Windsor	31.23
4	Lockie, Aimee	12	Woy Woy	31.06
5	Chapman, Tahlia	11	Windsor	31.15
6	Sansom, Anna	11	Loreto Normanhurst	31.57
7	Burke, Olivia	12	Mlc Marlins	31.66
8	Lin, Aurora	11	Castle Hill Rsl	31.90
9	Gouws, Olivia	12	Loreto Normanhurst	31.92

**Heat 3 of 13 Timed Finals**

0	Loh, Kathleen	11	Norwest	33.04
1	Heslop, Scarlett	12	Ripples St Marys	32.85
2	Wu, Sophia	11	Knox Pymble	32.61
3	Samyia, Lucinda	12	Bluefins	32.12
4	Yu, Carolyn	12	Revesby	31.95
5	Oconnor, Vienna	11	Windsor	31.99
6	Qian, Jasmine	11	Swim Infiniti	32.37
7	Sunderland, Poppy	12	Knox Pymble	32.81
8	McIntyre, Bernadette	12	The Hills	32.87
9	Lee, Romee	9	Parramatta	33.28

**Heat 4 of 13 Timed Finals**

0	Young, Charlotte	12	Windsor	34.11
1	Carew, Hayley	12	Katoomba Rsl	34.04
2	Park, Kaylene	10	Parramatta	33.52
3	Xu, Hailee	11	Plc Sydney	33.39
4	Biermann, Edwina	11	Ripples St Marys	33.32
5	Connolly, Emily	11	Swimwest	33.39
6	Sumner, Alannah	12	Norwest	33.44
7	Fisher, Claire	11	Ravenswood	34.04
8	Graham, Mia	12	Macquarie University	34.10
9	Mabuchi, Anna	12	Macquarie University	34.23

**Heat 5 of 13 Timed Finals**

0	Park, Ally	12	Castle Hill Rsl	34.97
1	Kang, Lauren	10	Parramatta	34.79
2	Chen, Abigail	10	Plc Sydney	34.40
3	Xu, Joanna	10	Sopac	34.32
4	Fardell, Ava	11	Kincumber Pacific Dolphins	34.26
5	Harrington, Rose	11	Norwest	34.28
6	Watson, Chloe	11	Manly	34.38
7	Sullivan, Angelica	11	Mount Annan	34.53
8	Lowe, Madison	12	Macquarie University	34.94
9	Marionneauxwegg, Abigail	9	Windsor	35.01

**Norwest LC Quaifying Meet - 13/01/2024****Meet Program****Heat 6 Timed Finals... (Event 16 Women 12 & Under 50 LC Meter Freestyle)**

0	Negri, Keira	12	Norwest	35.62
1	Ranasinghe, Onelly	10	Castle Hill Rsl	35.58
2	Roden, Indi	10	Ripples St Marys	35.39
3	Assaf, Lucia	10	Norwest	35.30
4	Dunlop, Lily	11	Windsor	35.13
5	Spiteri, Sienna	12	Leichhardt	35.27
6	Lac, Alexandra	11	Ku-ring-gai	35.34
7	Murphy, Tully	12	Norwest	35.46
8	Collins, Elizabeth	10	Sopac	35.62
9	Perry, Zahli	11	Norwest	35.65

**Heat 7 of 13 Timed Finals**

0	Biermann, Adelaide	10	Ripples St Marys	36.77
1	Williams, Emilee	11	Mingara	36.59
2	Sablina, Milla	11	Norwest	36.21
3	Fan, Cynthia	11	Swim Infiniti	36.16
4	Liu, Mengqi	10	Sopac	36.01
5	Mackay, Madeleine	12	Wollongong	36.04
6	Crosbie, Liliane	10	Revesby	36.20
7	Pan, Lena	10	Knox Pymble	36.25
8	Huang, Claire	8	Auburn SC	36.73
9	Guraya, Saranjeet Kaur	11	Windsor	36.84

**Heat 8 of 13 Timed Finals**

0	Petrie, Sophie	10	Lower Blue Mountains	38.09
1	Saliba, Amelia	11	Nepean	37.93
2	Lu, Ailin	9	Carlisle	37.32
3	Cox, Serena	10	Manly	37.06
4	Liang, Miranda	10	Wenona	36.84
5	Hughes, Sofia	11	Revesby	36.94
6	Hagen, Mae	9	Mittagong	37.17
7	Gao, Tiffany	11	Sopac	37.65
8	Mok, Milena	9	Mlc Marlins	37.94
9	Viloria, Sophie	11	The Hills	38.18

**Heat 9 of 13 Timed Finals**

0	McDonald, Mieke	9	Norwest	40.10
1	Vintila, Isabelle	10	Castle Hill Rsl	39.54
2	Khaliqi, Menhal	9	Acu Blacktown	38.68
3	Yu, Joyce	11	Mosman	38.59
4	Weir, Aila-Rose	10	Bluefins	38.24
5	Kim, Isabella	9	Parramatta	38.39
6	Nutt, Samantha	12	Loreto Normanhurst	38.61
7	Ventra, Kimberley	8	Southern Sydney	38.76
8	McGee, Jemima	8	Sopac	39.65
9	Nguyen, Celine	9	Parramatta	40.11

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 10 Timed Finals... (Event 16 Women 12 & Under 50 LC Meter Freestyle)**

0	Fallins, Lucinda	10	Norwest	41.34
1	Zhang, Chloe	10	Castle Hill Rsl	41.09
2	Perry, Harper	9	Norwest	41.01
3	Wu, Elva	11	Swim Infiniti	40.84
4	Green, Elsie	10	Carlile	40.19
5	Heslop, Mackenzie	10	Ripples St Marys	40.29
6	Williams, Sydney	9	Windsor	40.93
7	Mcgaulley, Holly	10	Castle Hill Rsl	41.06
8	Zhao, Rebecca	8	Macquarie University	41.29
9	Piniero, Cairee	9	Sopac	41.35

**Heat 11 of 13 Timed Finals**

0	Sablina, Darya	8	Norwest	43.02
1	Shi, Emily	9	Norwest	42.34
2	Zhou, Leona	10	Carlile	42.16
3	LI, Alyssa	9	Macquarie University	41.46
4	Bottino, Eliana	11	Castle Hill Rsl	41.36
5	Schultz, Kira	11	Castle Hill Rsl	41.46
6	Qian, Laura	11	Revesby	41.58
7	Shi, Mia	10	Norwest	42.27
8	Lin, Selene	9	Castle Hill Rsl	42.92
9	Pradhan, Sachie	9	Coulter	43.22

**Heat 12 of 13 Timed Finals**

0	Williams, Ruby	9	Mingara	45.71
1	Dimalibot, Arya Sophia	8	Castle Hill Rsl	45.32
2	Huang, Erin	9	Coulter	45.20
3	Georgaris, Kelsey	8	Sans Souci	43.65
4	Zhou, Hayley	9	Carlile	43.23
5	Bovino, Lucinda	9	AquaBlitz Toongabbie	43.43
6	Green, Frankie	11	Wauchope	45.04
7	Tsang, Charlene	9	Macquarie University	45.25
8	Ye, Ellie	8	Auburn SC	45.52
9	Alvarez, Sophia	7	Windsor	46.24

**Heat 13 of 13 Timed Finals**

3	Everson, LilyEve	9	Macquarie University	49.97
4	Parsons, Charlotte	8	Mingara	47.77
5	Thukral, Cristal	11	Castle Hill Rsl	48.40

**Event 17 Men 13 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Timed Finals</b>				
0	Zhou, Michael	16	Newington	25.44
1	Keat, Hamish	17	Picton	25.27
2	Scott, Max	17	Macquarie University	25.04
3	Woodrow, Harrison	16	Barker	24.89
4	Mocclair, Ollie	16	Cranbrook	23.80
5	Lawrence, Daniel	16	Ravenswood	23.95
6	Suvajac, Nicholas	17	Norwest	25.01
7	Jing, Albert	30	Sydney University	25.11
8	Vella, Brodie	16	Acu Blacktown	25.32
9	Au-Yeung, Nathan	15	The Hills	25.66

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 2 Timed Finals... (Event 17 Men 13 & Over 50 LC Meter Freestyle)**

0	Mateo, Ethan	15	Castle Hill Rsl	26.65
1	Geoghegan, Stefan	15	Norwest	26.38
2	Street, Lochlan	17	Swimwest	26.06
3	Phang, Zhi Hao	16	The Hills	25.91
4	Negri, Teaghan	15	Norwest	25.79
5	London, Daniel	15	Macquarie University	25.85
6	McNaught, Hamish	16	Barker	26.01
7	White, Jake	14	Macquarie University	26.31
8	Bell, Darcy	17	Windsor	26.46
9	Napoli, James	16	Lane Cove	26.73

**Heat 3 of 6 Timed Finals**

0	McIntyre, Ethan	15	The Hills	27.97
1	Tuthill, Xander	13	Ripples St Marys	27.41
2	Chelin, Nicolas	14	Mount Annan	27.17
3	Regattieri, Tahj	15	Kincumber Pacific Dolphins	27.01
4	Mudannayake, Riyon	14	Sopac	26.78
5	Lawrence, Cameron	14	Ravenswood	26.79
6	Huang, Lucas	15	Auburn SC	27.12
7	Wilson, Angus	15	Norwest	27.24
8	Kwon, Christopher	15	Macquarie University	27.61
9	Scott, Ben	14	Macquarie University	28.01

**Heat 4 of 6 Timed Finals**

0	Hu, Ronni	13	Sopac	29.29
1	Chan, Ryan	14	Sopac	28.90
2	Thomas, Nathan	15	Macquarie University	28.54
3	Lowe, Ethan	15	Macquarie University	28.45
4	Okazaki, Luca	13	Warringah	28.04
5	Brown, Ryan	15	Forster	28.09
6	Huang, Oliver	14	Norwest	28.51
7	Assaf, Joseph	16	Norwest	28.81
8	Malan, Emmett	14	Macquarie University	28.92
9	Martin, Thomas	14	Ravenswood	29.37

**Heat 5 of 6 Timed Finals**

0	O'Brien, Andrew	13	Norwest	32.07
1	Abbott, Thomas	13	Norwest	30.92
2	McDonald, Finn	14	Norwest	30.81
3	O'Maley, Lucas	13	Mittagong	30.34
4	Geng, Jaiden	14	Castle Hill Rsl	29.46
5	Hine, William	13	Lower Blue Mountains	29.89
6	Mundey, Campbell	13	Macquarie University	30.52
7	Robertson, Nate	13	Revesby	30.82
8	Bao, Michael	14	Norwest	31.53
9	Brown, Riley	14	Forster	32.25

**Heat 6 of 6 Timed Finals**

2	Harris, Rory	13	Ripples St Marys	36.01
3	Hill, Sean	13	Bluefins	35.43
4	Dewey, James	13	Sopac	32.33
5	Viloria, Sebastian	13	The Hills	34.04
6	Helal, Yusef	13	Norwest	35.73
7	Sunderland, Wilf	14	Ku-ring-gai	39.54

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

## Event 18 Women 13 &amp; Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 8 Timed Finals</b>				
0	Swann, Amelie	14	Narrabeen	28.70
1	Moles, Gracie	14	Macquarie University	28.42
2	Clayton, Sarah	15	Castle Hill Rsl	27.83
3	Ruzek, Felicity	15	Kincumber Pacific Dolphins	27.58
4	Childs, Heli	15	Plc Sydney	26.55
5	Raven, Mila	14	Plc Sydney	26.91
6	Thomas, Abbey	18	Macquarie University	27.72
7	Wei, Yvie	15	Macquarie University	27.90
8	Bugeja, Leaneaka	14	Norwest	28.53
9	Scislo, Sophie	14	Forster	28.75
<b>Heat 2 of 8 Timed Finals</b>				
0	Carmichael, Hannah	16	Knox Pymble	29.12
1	Bosso-Gardiner, Sofia	13	Plc Sydney	29.03
2	Simsek, Alice	14	Sans Souci	28.96
3	Yi, Isabelle	16	Sopac	28.84
4	Bamford, Piper	14	Forster	28.77
5	Costelloe, Hannah	13	Hornsby	28.83
6	Voon, Celine	15	Sopac	28.94
7	Pickthall, Ruby	15	Knox Pymble	29.00
8	Yi, Kaitlyn	13	Sopac	29.07
9	Lavender, Sophie	13	Windsor	29.13
<b>Heat 3 of 8 Timed Finals</b>				
0	McBrien, Gabriella	16	Norwest	29.52
1	Dale, Olivia	13	Castle Hill Rsl	29.40
2	Durkin, Zara	15	Manly	29.30
3	Leros, Marissa	14	Sans Souci	29.23
4	Hadlow, Alyssa	17	The Hills	29.13
5	Garufi, Regan	16	Loreto Normanhurst	29.18
6	Chantler, Madison	14	Mlc Marlins	29.25
7	Leung, Hailey	14	Castle Hill Rsl	29.33
8	Arnot, Annabel	16	Mittagong	29.52
9	Robinson, Matilda	15	Norwest	29.62
<b>Heat 4 of 8 Timed Finals</b>				
0	Spadari, Alice	14	Hunter	30.42
1	Ng, Aliza	13	Castle Hill Rsl	30.16
2	Barsoum, Jemima	15	Sans Souci	30.04
3	Smith, Olivia	15	Picton	29.73
4	Sheppherd, Bec	45	Hornsby	29.64
5	Borg, Emma	15	Lower Blue Mountains	29.72
6	Farhy, Aviv	14	Kincoppal-Rose Bay	30.03
7	Cherry, Emma	14	Norwest	30.14
8	Vintila, Andra	15	Castle Hill Rsl	30.41
9	Hand, Madeleine	19	Windsor	30.51

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 18 Women 13 & Over 50 LC Meter Freestyle)**

0	Perry, Kaitlin	13	Forster	30.94
1	Nicotra, Alexia	13	Revesby	30.84
2	Wilson, Madeleine	13	Norwest	30.76
3	Schultz, Hayley	14	Castle Hill Rsl	30.69
4	Kumcevski, Clarissa	14	Sans Souci	30.55
5	Park, Emma	15	Castle Hill Rsl	30.66
6	Fenning, Alexis	13	Picton	30.71
7	Binks, Katherine	15	Wollongong	30.80
8	Wiseman, Hollie	15	Slc Aquadot	30.92
9	Roden, Addison	13	Ripples St Marys	31.14

**Heat 6 of 8 Timed Finals**

0	Weerakoon, Lara	14	Norwest	32.04
1	Hazell, Lyla	16	Loreto Normanhurst	31.62
2	Watson, Billi	13	Windsor	31.40
3	Song, Sarah	14	The Hills	31.28
4	Anderson, Matilda	14	Barker	31.18
5	Loh, Makayla	13	Castle Hill Rsl	31.27
6	Daniell, Kayla	13	Macquarie University	31.32
7	Rosenfeld, Samantha	15	Macquarie University	31.54
8	Yen, Mikayla	15	Norwest	31.90
9	Yu, Olivia	14	Lane Cove	32.40

**Heat 7 of 8 Timed Finals**

0	Singh, Pareena	14	Castle Hill Rsl	33.90
1	Gulia, Ria	14	Sopac	33.67
2	Li, Isabel	13	Norwest	32.88
3	Liu, Rena	13	Macquarie University	32.83
4	Stone, Alexandra	13	Windsor	32.51
5	Old, Madeline	15	The Hills	32.56
6	Stephen, Willow	13	Windsor	32.85
7	Truong, Chloe	13	Macquarie University	33.27
8	Thanos, Stephanie	13	Sopac	33.68
9	huo, Jessica	13	St George	33.91

**Heat 8 of 8 Timed Finals**

1	Luland, Sophie	13	Woy Woy	38.81
2	Costa, Tiana	13	Norwest	38.01
3	Basaran, Leyla	14	Swimwest	35.66
4	Vandermeer, Amelia	16	Ripples St Marys	34.06
5	Davis, Summer	14	Picton	34.45
6	Green, Matilda	13	Wauchope	37.00
7	Bottino, Giaan	13	Castle Hill Rsl	38.38

**Event 19 Men 50 LC Meter Freestyle Multi-Class**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

4	Ford, Thomas	16	Macquarie Shores	32.63
5	Williams, Michael	12	Norwest	36.12

**Event 20 Women 50 LC Meter Freestyle Multi-Class**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

3	Sebire, Elodie S14	13	Norwest	45.71
4	Apthorpe, Iesha S19	19	Nuswim	28.16
5	Mulcahy, Bridget Deborah	12	Kincumber Pacific Dolphins	37.71

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 21 Men 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
0	McGee, Carter	12	Sopac	2:31.74
1	Lawrence, Cameron	14	Ravenswood	2:26.34
2	Costelloe, Matthew	17	Hornsby	2:20.48
3	Brown, Noah	17	Nuswim	2:16.77
4	Goulston, Hunter	16	Knox Pymble	2:15.23
5	Kelly, Hunter	17	Lower Blue Mountains	2:16.57
6	Mathie, Blake	18	Norwest	2:20.34
7	Parry, Oliver	16	Norwest	2:21.45
8	Kelly, Finn	13	Lower Blue Mountains	2:29.79
9	Fisher, Oliver	13	Ravenswood	2:33.74
<b>Heat 2 of 2 Timed Finals</b>				
2	Miller, Jackson	12	Windsor	3:06.07
3	Ding, Lucas	13	Macquarie University	2:40.53
4	Keshishian, Zareh	13	Macquarie University	2:38.24
5	Suwattanametin, Pi Piyaput	17	Mount Annan	2:39.59
6	Grimley, Callum	15	Swimwest	2:48.20
7	Morphett, Noah	11	Nepean	3:06.95

**Event 22 Women 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
0	Bridley, Claire	14	Ginninderra	2:39.45
1	Sweeny, Piper	13	Cranbrook	2:39.00
2	Hadlow, Alyssa	17	The Hills	2:37.44
3	Milanovic, Lily	15	Kincumber Pacific Dolphins	2:34.26
4	Rambow, Amity	18	The Hills	2:29.64
5	Downs, Jade	16	Kincumber Pacific Dolphins	2:30.53
6	Carmichael, Hannah	16	Knox Pymble	2:35.52
7	Durkin, Zara	15	Manly	2:37.53
8	Callon, Lily	13	Leichhardt	2:39.10
9	Wilson, Madeleine	13	Norwest	2:44.54
<b>Heat 2 of 2 Timed Finals</b>				
0	Durie, Alaska	13	Mlc Marlins	3:15.24
1	Sullivan, Angelica	11	Mount Annan	3:10.36
2	Lutschenkow, Lily	12	Manly	2:58.15
3	Hume, Zara	12	Windsor	2:52.32
4	Yu, Carolyn	12	Revesby	2:50.33
5	Turk, Josephina	14	Carlisle	2:51.58
6	Brown, Jemma	14	Nuswim	2:53.70
7	Park, Emma	15	Castle Hill Rsl	3:00.86
8	Stephen, Willow	13	Windsor	3:14.72
9	Singh, Pareena	14	Castle Hill Rsl	3:18.15

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 23 Men 12 & Under 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
0	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	1:38.75
1	Oxenford, Noah	12	Knox Pymble	1:33.17
2	Petrie, William	12	Lower Blue Mountains	1:28.87
3	McGee, Ollie	10	Sopac	1:27.33
4	McBrien, Christian	11	Norwest	1:20.09
5	Zhao, Dean	11	Norwest	1:22.32
6	Zhao, Timmy	11	Auburn SC	1:27.81
7	Kim, Edward	12	Norwest	1:30.90
8	Massali-Singh, Armaan	12	Norwest	1:35.74
9	Vicary, Byron	11	Forster	1:39.03
<b>Heat 2 of 3 Timed Finals</b>				
1	Lee, Joshua	11	Knox Pymble	1:46.40
2	Morgan, Ethan	9	Hunter	1:45.83
3	Way, Mathias	12	Gosford	1:42.85
4	Hawkyard, Joseph	11	Nowra	1:40.96
5	Liu, Roy	11	Swim Infiniti	1:42.46
6	Field, Noah	12	Narooma	1:43.25
7	Wyper (V), Isaac	10	Somerset College	1:45.88
8	Low, Henry	10	Woy Woy	1:48.36
<b>Heat 3 of 3 Timed Finals</b>				
3	Wu, Arthur	9	Norwest	1:49.98
4	Davies, Rowan	12	Gosford	1:48.74
5	Meldrum, Immanuel	10	Sopac	1:49.71

**Event 24 Women 12 & Under 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
0	Oh, Lina	9	Parramatta	1:34.31
1	Park, Dana	11	Parramatta	1:31.26
2	Lee, Eileen Jia	10	Parramatta	1:30.76
3	Choe, Felicia	12	Macquarie University	1:30.46
4	Cai, Dora	10	Mlc Marlins	1:24.76
5	Yung, Rachael	12	Knox Pymble	1:27.94
6	Sumner, Alannah	12	Norwest	1:30.57
7	Wilson, Jade	12	Carlile	1:30.86
8	Clayton, Ella	11	Trinity Grammar	1:33.90
9	Reddie, Sienna	12	Novocastrian	1:34.82
<b>Heat 2 of 3 Timed Finals</b>				
0	Fan, Cynthia	11	Swim Infiniti	1:40.25
1	Petrie, Sophie	10	Lower Blue Mountains	1:39.50
2	Chen, Abigail	10	Plc Sydney	1:38.04
3	Nicoletti, Bianca	12	Norwest	1:36.70
4	Kumar, Vrinda	11	Plc Sydney	1:35.91
5	Hugo, Jaimee	11	Revesby	1:36.06
6	Viloria, Sophie	11	The Hills	1:37.00
7	Loh, Kathleen	11	Norwest	1:39.49
8	Li, Sophia	11	Ravenswood	1:39.67
9	McIntyre, Bernadette	12	The Hills	1:40.35



## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 24 Women 12 & Under 100 LC Meter Breaststroke)**

0	Saliba, Amelia	11	Nepean	1:46.24
1	Spiteri, Sienna	12	Leichhardt	1:45.07
2	Samyia, Lucinda	12	Bluefins	1:44.89
3	Hughes, Sofia	11	Revesby	1:42.62
4	Gouws, Olivia	12	Loreto Normanhurst	1:41.05
5	Oconnor, Vienna	11	Windsor	1:41.40
6	Dunlop, Lily	11	Windsor	1:44.14
7	Weir, Aila-Rose	10	Bluefins	1:44.95
8	Harrington, Rose	11	Norwest	1:46.15
9	Qian, Laura	11	Revesby	1:49.50

**Event 25 Men 13 & Over 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Timed Finals**

0	Martin, Thomas	14	Ravenswood	1:16.04
1	Jakes, Dylan	13	Titans	1:15.48
2	McDonald, Finn	14	Norwest	1:15.06
3	Brown, Ryan	15	Forster	1:14.16
4	Phang, Zhi Yong	17	The Hills	1:09.57
5	Mercer, Jack	15	Barker	1:13.75
6	Street, Lochlan	17	Swimwest	1:14.98
7	Mudannayake, Riyon	14	Sopac	1:15.19
8	Clayton, Maximilian	13	Trinity Grammar	1:15.55
9	Au-Yeung, Nathan	15	The Hills	1:16.25

**Heat 2 of 3 Timed Finals**

0	Kitcher, James	17	Norwest	1:23.46
1	Ritchie, Lachlan	14	Sopac	1:22.06
2	Lay, Kingston	13	Castle Hill Rsl	1:19.34
3	Huang, James	14	Norwest	1:17.89
4	Sullivan, Sean	14	Mount Annan	1:16.77
5	Tuthill, Xander	13	Ripples St Marys	1:17.71
6	Bell, Darcy	17	Windsor	1:18.49
7	Luke, Rani	14	Lane Cove	1:20.94
8	Wiseman, Noah	18	Slc Aquadot	1:22.21
9	Wilde, Ciaran	15	Lane Cove	1:24.38

**Heat 3 of 3 Timed Finals**

0	Trung, Nguyen	13	Sopac	1:34.90
1	Dewey, James	13	Sopac	1:30.80
2	Hu, Ronni	13	Sopac	1:29.38
3	Fang, Justin	13	Mlc Marlins	1:28.54
4	Valassis, Thomas	13	Revesby	1:25.19
5	Brown, Riley	14	Forster	1:26.04
6	Chan, Ryan	14	Sopac	1:29.08
7	Viloria, Sebastian	13	The Hills	1:30.56
8	Bao, Michael	14	Norwest	1:31.74

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 26 Women 13 & Over 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
0	McLeod, Callie	15	Picton	1:21.26
1	Deery, Liana	15	Ginninderra	1:20.86
2	Yi, Isabelle	16	Sopac	1:19.16
3	Barsoum, Jemima	15	Sans Souci	1:18.54
4	Low, Megan	15	Woy Woy	1:16.92
5	Jin, Christine	16	Mlc Marlins	1:17.06
6	Costa, Valentina	17	Charlestown	1:18.73
7	Napoli, Kate	14	Loreto Normanhurst	1:20.44
8	Daniell, Grace	15	Kincumber Pacific Dolphins	1:21.15
9	Bochenek, Iris	14	Revesby	1:21.67
<b>Heat 2 of 3 Timed Finals</b>				
0	Thanos, Stephanie	13	Sopac	1:26.46
1	Choe, Josephina	14	Macquarie University	1:25.54
2	Wong, Lok Yiu Kaylie	14	Norwest	1:23.35
3	Assaf, Amelie	14	Norwest	1:22.84
4	Arnot, Annabel	16	Mittagong	1:21.75
5	Simsek, Alice	14	Sans Souci	1:22.83
6	Gaudry, Chloe	14	Wenona	1:22.90
7	yeo, tam	14	Castle Hill Rsl	1:24.91
8	Watson, Billi	13	Windsor	1:25.76
9	Kumcevski, Clarissa	14	Sans Souci	1:27.46
<b>Heat 3 of 3 Timed Finals</b>				
1	Perry, Kaitlin	13	Forster	1:34.80
2	Toia, Olivia	13	Sopac	1:31.82
3	Moles, Eva	16	Macquarie University	1:30.60
4	Kumar, Sahana	14	Plc Sydney	1:27.65
5	Brown, Olivia	15	Windsor	1:29.42
6	Hooley, Ella	13	Manly	1:31.80
7	Vintila, Andra	15	Castle Hill Rsl	1:32.18
8	Navarro-Flood, Caoilainn	13	Plc Sydney	1:34.80

**Event 27 Men 12 & Under 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
0	Havron, Oliver	12	Norwest	2:54.70
1	Carmichael, Hamish	12	Forster	2:51.97
2	Kim, Edward	12	Norwest	2:46.96
3	Brown, Luke	12	Windsor	2:45.71
4	McBrien, Christian	11	Norwest	2:36.00
5	Honor, Bradley	11	Sopac	2:39.11
6	McGee, Ollie	10	Sopac	2:46.24
7	Sinclair, Levi	12	Woy Woy	2:49.34
8	Huang, Jackson	12	Norwest	2:54.38
9	Zhao, Timmy	11	Auburn SC	2:54.98

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 2 Timed Finals... (Event 27 Men 12 & Under 200 LC Meter IM)**

1	Zhao, Jayden	12	Norwest	3:15.97
2	Gulia, Rishik	12	Sopac	3:13.16
3	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	3:08.95
4	Song, Chris	10	Lane Cove	2:58.02
5	Wyper (V), Isaac	10	Somerset College	3:08.79
6	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	3:11.19
7	Song, Ethan	9	Lane Cove	3:13.85

**Event 28 Women 12 & Under 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Timed Finals**

0	Lee, Romee	9	Parramatta	3:00.15
1	Miller, Priscilla	10	Sopac	2:57.08
2	Lee, Irene	11	Parramatta	2:54.42
3	Nicoletti, Bianca	12	Norwest	2:52.72
4	Yung, Rachael	12	Knox Pymble	2:49.28
5	Cai, Dora	10	Mlc Marlins	2:51.03
6	Chapman, Tahlia	11	Windsor	2:53.76
7	Wilson, Jade	12	Carlile	2:56.21
8	Lin, Aurora	11	Castle Hill Rsl	2:58.00
9	Turner-Burns, Bronti	12	Cronulla	3:00.73

**Heat 2 of 3 Timed Finals**

0	Burke, Olivia	12	Mlc Marlins	3:12.00
1	Biermann, Edwina	11	Ripples St Marys	3:08.91
2	Sunderland, Poppy	12	Knox Pymble	3:06.48
3	Park, Dana	11	Parramatta	3:03.94
4	Oconnor, Vienna	11	Windsor	3:01.43
5	Sumner, Alannah	12	Norwest	3:01.58
6	Samyia, Lucinda	12	Bluefins	3:04.51
7	Oh, Lina	9	Parramatta	3:06.93
8	Wu, Sophia	11	Knox Pymble	3:09.43
9	Loh, Kathleen	11	Norwest	3:12.18

**Heat 3 of 3 Timed Finals**

2	Perry, Zahli	11	Norwest	3:20.00
3	Sullivan, Angelica	11	Mount Annan	3:16.29
4	Negri, Keira	12	Norwest	3:14.87
5	Park, Kaylene	10	Parramatta	3:15.69
6	Carew, Hayley	12	Katoomba Rsl	3:18.10

**Event 29 Men 13 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Timed Finals**

0	Abbott, George	16	Norwest	2:35.14
1	Clayton, Maximilian	13	Trinity Grammar	2:26.78
2	Parry, Oliver	16	Norwest	2:24.37
3	Mathie, Blake	18	Norwest	2:20.94
4	Morgan, William	16	Carlile	2:19.45
5	Havron, Liam	16	Norwest	2:20.00
6	Vella, Brodie	16	Acu Blacktown	2:21.43
7	Sullivan, Sean	14	Mount Annan	2:26.64
8	Huang, James	14	Norwest	2:28.88
9	Mudannayake, Riyon	14	Sopac	2:35.24

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 2 Timed Finals... (Event 29 Men 13 & Over 200 LC Meter IM)**

0	Davies, Liam	15	Gosford	2:52.21
1	Hu, Ronni	13	Sopac	2:49.98
2	McNaught, Hamish	16	Barker	2:43.50
3	Luke, Rani	14	Lane Cove	2:39.23
4	London, Daniel	15	Macquarie University	2:36.26
5	McDonald, Finn	14	Norwest	2:38.36
6	Keshishian, Zareh	13	Macquarie University	2:42.42
7	Munday, Campbell	13	Macquarie University	2:47.29
8	Brown, Riley	14	Forster	2:50.73

**Heat 3 of 3 Timed Finals**

3	Siu, Ethan	13	Jones	2:59.46
4	Abbott, Thomas	13	Norwest	2:52.41
5	O'Maley, Lucas	13	Mittagong	2:53.82

**Event 30 Women 13 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Timed Finals**

0	Wei, Yvie	15	Macquarie University	2:42.96
1	Carmichael, Hannah	16	Knox Pymble	2:40.17
2	Rambow, Amity	18	The Hills	2:39.39
3	McBrien, Gabriella	16	Norwest	2:34.24
4	Garufi, Regan	16	Loreto Normanhurst	2:32.77
5	Simsek, Alice	14	Sans Souci	2:33.47
6	Wilson, Maile	14	Carlile	2:35.28
7	Kim, Ivy	13	Barker	2:40.17
8	Chantler, Madison	14	Mlc Marlins	2:40.27
9	Bugeja, Leaneaka	14	Norwest	2:44.50

**Heat 2 of 3 Timed Finals**

0	Smith, Olivia	15	Picton	2:52.02
1	Borg, Emma	15	Lower Blue Mountains	2:50.98
2	Rosenfeld, Samantha	15	Macquarie University	2:48.18
3	Moles, Eva	16	Macquarie University	2:45.59
4	McLeod, Callie	15	Picton	2:45.34
5	Roden, Addison	13	Ripples St Marys	2:45.57
6	Coyne, Caitlin	13	Sopac	2:46.94
7	Old, Madeline	15	The Hills	2:49.91
8	Goulston, Stella	14	Knox Pymble	2:51.69
9	Stone, Alexandra	13	Windsor	2:54.68

**Heat 3 of 3 Timed Finals**

3	Park, Emma	15	Castle Hill Rsl	2:58.48
4	Nicotra, Alexia	13	Revesby	2:57.62
5	Kegg, Delilah	13	Mittagong	2:58.26

**Event 31 Men 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Timed Finals**

2	Huang, James	14	Norwest	5:22.09
3	McIntyre, Ethan	15	The Hills	5:13.00
4	Mathie, Blake	18	Norwest	5:01.54
5	Wilson, Angus	15	Norwest	5:06.04
6	Costelloe, Matthew	17	Hornsby	5:15.34

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 32 Women 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
3	Costelloe, Hannah	13	Hornsby	5:58.27
4	Garufi, Regan	16	Loreto Normanhurst	5:26.74
5	Hugo, Jaimee	11	Revesby	5:56.91

**Event 33 Men 12 & Under 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Timed Finals</b>				
0	Jin, Daniel	10	Auburn SC	1:09.18
1	Sinclair, Levi	12	Woy Woy	1:07.47
2	Brown, Luke	12	Windsor	1:06.61
3	Mead, Kobi	12	Slc Aquadot	1:05.49
4	Pilbeam, James	12	Norwest	1:03.58
5	Alvarez, Lucas	12	Windsor	1:05.00
6	Kim, Edward	12	Norwest	1:05.97
7	Carmichael, Hamish	12	Forster	1:07.08
8	Havron, Oliver	12	Norwest	1:08.35
9	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	1:09.53
<b>Heat 2 of 5 Timed Finals</b>				
0	Davies, Rowan	12	Gosford	1:16.41
1	Slater, Mitchell	11	Barker	1:15.31
2	Hunstone, Antonio	12	Moss Vale	1:12.05
3	Huang, Jackson	12	Norwest	1:10.43
4	McGee, Ollie	10	Sopac	1:09.55
5	Yang, Jonathan	12	Hornsby	1:09.56
6	Vicary, Byron	11	Forster	1:11.30
7	Zhao, Timmy	11	Auburn SC	1:12.23
8	Morgan, Alexander	11	Hunter	1:15.36
9	Wang, Tian	10	Sopac	1:16.81
<b>Heat 3 of 5 Timed Finals</b>				
0	Smith, Harrison	12	Mittagong	1:20.25
1	Kang, Aaron	9	Sopac	1:19.41
2	Qu, Aaron	10	Castle Hill Rsl	1:18.77
3	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	1:17.42
4	Lee, David	10	Parramatta	1:16.87
5	Wyper (V), Isaac	10	Somerset College	1:17.11
6	Wang, Sean	11	Auburn SC	1:18.61
7	Miller, Jackson	12	Windsor	1:18.86
8	Huo, Wilson	10	St George	1:20.21
9	Apthorpe, Flynn	11	Port Macquarie	1:20.69
<b>Heat 4 of 5 Timed Finals</b>				
0	Ting, Lawrence	10	Swim Infiniti	1:25.54
1	Hagen, Billy	10	Mittagong	1:23.86
2	Vakili, Hunter	10	Lane Cove	1:22.03
3	Yang, Ashton	8	Knox Pymble	1:21.19
4	Liu, Roy	11	Swim Infiniti	1:20.83
5	Childs, Xabi	11	Plc Sydney	1:20.94
6	Massali-Singh, Armaan	12	Norwest	1:21.36
7	Street, Lucas	10	Leichhardt	1:23.14
8	Morgan, Ethan	9	Hunter	1:24.47
9	Jin, Cody	10	Norwest	1:25.89

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 33 Men 12 & Under 100 LC Meter Freestyle)**

0	Wu, Arthur	9	Norwest	1:29.23
1	Sproll, Oliver	9	Kincumber Pacific Dolphins	1:28.77
2	Vakili, Harrison	10	Lane Cove	1:27.64
3	Sproll, Joseph	11	Kincumber Pacific Dolphins	1:26.77
4	Georgaris, Kye	10	Sans Souci	1:25.89
5	Huang, Jayden	12	Norwest	1:26.39
6	Stone, Harrison	10	Windsor	1:27.40
7	Ladden, Tyler	11	Sopac	1:28.64
8	Kawanishi, Junpei	10	Carlile	1:28.79
9	Dobson, Byron	9	Kincumber Pacific Dolphins	1:30.00

**Event 34 Women 12 & Under 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Timed Finals**

0	Hume, Zara	12	Windsor	1:08.79
1	Clayton, Ella	11	Trinity Grammar	1:08.39
2	Yung, Rachael	12	Knox Pymble	1:07.36
3	Dale, Ruby	11	Castle Hill Rsl	1:06.21
4	Assaf, Isabella	12	Norwest	1:02.89
5	Young, Molly	11	Warringah	1:05.63
6	Ho, Allisa	12	Castle Hill Rsl	1:07.19
7	Raven, Evie	12	Plc Sydney	1:08.32
8	Nicoletti, Bianca	12	Norwest	1:08.54
9	Chapman, Tahlia	11	Windsor	1:08.88

**Heat 2 of 7 Timed Finals**

0	Lee, Romee	9	Parramatta	1:12.50
1	Li, Sophia	11	Ravenswood	1:11.75
2	Park, Dana	11	Parramatta	1:11.56
3	Lee, Irene	11	Parramatta	1:10.94
4	Sansom, Anna	11	Loreto Normanhurst	1:09.12
5	Cai, Dora	10	Mlc Marlins	1:10.09
6	Lockie, Aimee	12	Woy Woy	1:11.20
7	Oconnor, Vienna	11	Windsor	1:11.57
8	Samyia, Lucinda	12	Bluefins	1:12.15
9	Oh, Lina	9	Parramatta	1:13.09

**Heat 3 of 7 Timed Finals**

0	Chen, Abigail	10	Plc Sydney	1:16.52
1	Park, Kaylene	10	Parramatta	1:15.61
2	Mabuchi, Anna	12	Macquarie University	1:14.99
3	Heslop, Scarlett	12	Ripples St Marys	1:14.30
4	Wu, Sophia	11	Knox Pymble	1:13.43
5	Loh, Kathleen	11	Norwest	1:13.90
6	Gouws, Olivia	12	Loreto Normanhurst	1:14.63
7	Xu, Joanna	10	Sopac	1:15.01
8	Harrington, Rose	11	Norwest	1:16.18
9	Sullivan, Angelica	11	Mount Annan	1:16.59

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 4 Timed Finals... (Event 34 Women 12 & Under 100 LC Meter Freestyle)**

0	Marionneauxwegg, Abigail	9	Windsor	1:19.70
1	Collins, Elizabeth	10	Sopac	1:19.69
2	Graham, Mia	12	Macquarie University	1:17.87
3	Negri, Keira	12	Norwest	1:17.25
4	Lutschenkow, Lily	12	Manly	1:17.07
5	Watson, Chloe	11	Manly	1:17.21
6	Fisher, Claire	11	Ravenswood	1:17.69
7	Young, Charlotte	12	Windsor	1:19.55
8	Perry, Zahli	11	Norwest	1:19.69
9	Connolly, Emily	11	Swimwest	1:20.10

**Heat 5 of 7 Timed Finals**

0	Sablina, Milla	11	Norwest	1:23.37
1	Crosbie, Liliane	10	Revesby	1:22.31
2	Hughes, Sofia	11	Revesby	1:21.90
3	Mackay, Madeleine	12	Wollongong	1:21.81
4	Park, Ally	12	Castle Hill Rsl	1:20.35
5	Fardell, Ava	11	Kincumber Pacific Dolphins	1:21.41
6	Liu, Mengqi	10	Sopac	1:21.82
7	Cox, Serena	10	Manly	1:22.12
8	Saliba, Amelia	11	Nepean	1:22.89
9	Murphy, Tully	12	Norwest	1:23.59

**Heat 6 of 7 Timed Finals**

0	Guraya, Saranjeet Kaur	11	Windsor	1:26.28
1	Roden, Indi	10	Ripples St Marys	1:25.82
2	Fan, Cynthia	11	Swim Infiniti	1:25.44
3	Gao, Tiffany	11	Sopac	1:24.40
4	Wu, Elva	11	Swim Infiniti	1:24.06
5	Nutt, Samantha	12	Loreto Normanhurst	1:24.10
6	Huang, Claire	8	Auburn SC	1:24.77
7	Assaf, Lucia	10	Norwest	1:25.62
8	Hagen, Mae	9	Mittagong	1:25.98

**Heat 7 of 7 Timed Finals**

3	Teng, Eva	9	Auburn SC	1:28.60
4	Kikuchi, Reica	10	Plc Sydney	1:28.13
5	Notley, Charlotte	10	Knox Pymble	1:28.20

**Event 35 Men 13 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Timed Finals</b>				
0	Nam, Junseong	15	Plc Sydney	56.54
1	Woodrow, Harrison	16	Barker	55.99
2	Pattman, Rory	17	Knox Pymble	54.96
3	Scott, Max	17	Macquarie University	54.17
4	Gauci, James	17	Sopac	51.12
5	Lawrence, Daniel	16	Ravenswood	52.76
6	Suvajac, Nicholas	17	Norwest	54.87
7	Goulston, Hunter	16	Knox Pymble	55.79
8	Vella, Brodie	16	Acu Blacktown	56.31
9	Sebire, Finn	15	The Hills	56.70

**Norwest LC Quaifying Meet - 13/01/2024****Meet Program****Heat 2 Timed Finals... (Event 35 Men 13 & Over 100 LC Meter Freestyle)**

0	Geoghegan, Stefan	15 Norwest	58.66
1	Negri, Teaghan	15 Norwest	58.16
2	Street, Lochlan	17 Swimwest	57.67
3	Kelly, Hunter	17 Lower Blue Mountains	57.20
4	Hamilton-Hay, Asher	15 Sydney University	57.06
5	Mathie, Blake	18 Norwest	57.08
6	Mateo, Ethan	15 Castle Hill Rsl	57.32
7	White, Jake	14 Macquarie University	57.94
8	McNaught, Hamish	16 Barker	58.39
9	Clayton, Maximilian	13 Trinity Grammar	58.73

**Heat 3 of 5 Timed Finals**

0	Davies, Liam	15 Gosford	1:01.32
1	Suwattanametin, Pi Piyaput	17 Mount Annan	1:01.18
2	Regattieri, Tahj	15 Kincumber Pacific Dolphins	59.79
3	LI, Kevin	14 Macquarie University	59.37
4	Lawrence, Cameron	14 Ravenswood	59.07
5	Au-Yeung, Nathan	15 The Hills	59.09
6	Wiseman, Noah	18 Slc Aquadot	59.59
7	Mudannayake, Riyon	14 Sopac	1:00.29
8	Kitcher, James	17 Norwest	1:01.31
9	Kelly, Finn	13 Lower Blue Mountains	1:01.60

**Heat 4 of 5 Timed Finals**

0	Hine, William	13 Lower Blue Mountains	1:05.99
1	Ford, Samuel	14 Macquarie Shores	1:04.26
2	Keshishian, Zareh	13 Macquarie University	1:03.64
3	Carlisle, Jayden	15 AquaBlitz Toongabbie	1:03.19
4	Lowe, Ethan	15 Macquarie University	1:01.85
5	Valassis, Thomas	13 Revesby	1:03.01
6	Brown, Ryan	15 Forster	1:03.22
7	Hu, Ronni	13 Sopac	1:03.99
8	Geng, Jaiden	14 Castle Hill Rsl	1:04.29
9	Munday, Campbell	13 Macquarie University	1:06.88

**Heat 5 of 5 Timed Finals**

1	Bao, Michael	14 Norwest	1:14.83
2	Trung, Nguyen	13 Sopac	1:12.60
3	Brown, Riley	14 Forster	1:10.02
4	Huang, Oliver	14 Norwest	1:07.04
5	Abbott, Thomas	13 Norwest	1:07.48
6	Rambow, Aidan	13 The Hills	1:12.32
7	Boyden, Marcus	14 Lane Cove	1:12.88
8	Ford, Thomas	16 Macquarie Shores	1:14.87



**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 36 Women 13 & Over 100 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 6 Timed Finals</b>				
0	Robinson, Matilda	15	Norwest	1:02.81
1	Chantler, Madison	14	Mlc Marlins	1:02.37
2	Goulston, Stella	14	Knox Pymble	1:02.06
3	Apthorpe, Iesha S19	19	Nuswim	1:01.31
4	Raven, Mila	14	Plc Sydney	1:00.54
5	Clayton, Sarah	15	Castle Hill Rsl	1:00.97
6	Wei, Yvie	15	Macquarie University	1:01.45
7	Pickthall, Ruby	15	Knox Pymble	1:02.34
8	Moles, Gracie	14	Macquarie University	1:02.52
9	Scislo, Sophie	14	Forster	1:02.83
<b>Heat 2 of 6 Timed Finals</b>				
0	Bosso-Gardiner, Sofia	13	Plc Sydney	1:04.09
1	Ruzek, Felicity	15	Kincumber Pacific Dolphins	1:03.84
2	Simsek, Alice	14	Sans Souci	1:03.64
3	Kim, Ivy	13	Barker	1:03.52
4	Leros, Marissa	14	Sans Souci	1:03.39
5	Bugeja, Leaneaka	14	Norwest	1:03.48
6	Finau, Kalia	14	Tivoli	1:03.60
7	Sainsbury, Naomi	17	Knox Pymble	1:03.68
8	Dale, Olivia	13	Castle Hill Rsl	1:03.99
9	Yi, Kaitlyn	13	Sopac	1:04.41
<b>Heat 3 of 6 Timed Finals</b>				
0	Moles, Eva	16	Macquarie University	1:06.10
1	Ng, Aliza	13	Castle Hill Rsl	1:05.79
2	Bamford, Piper	14	Forster	1:05.22
3	Lavender, Sophie	13	Windsor	1:04.80
4	Edenborough, Sarah	13	The Hills	1:04.52
5	Arnot, Annabel	16	Mittagong	1:04.69
6	Cherry, Emma	14	Norwest	1:04.96
7	Rambow, Amity	18	The Hills	1:05.56
8	Hadlow, Alyssa	17	The Hills	1:05.89
9	Wiseman, Hollie	15	Slc Aquadot	1:06.23
<b>Heat 4 of 6 Timed Finals</b>				
0	Anderson, Matilda	14	Barker	1:09.21
1	Hand, Madeleine	19	Windsor	1:07.31
2	Leung, Hailey	14	Castle Hill Rsl	1:07.04
3	Binks, Katherine	15	Wollongong	1:06.46
4	Smith, Olivia	15	Picton	1:06.29
5	Spadari, Alice	14	Hunter	1:06.38
6	Wong, Lok Yiu Kaylie	14	Norwest	1:06.83
7	Rosenfeld, Samantha	15	Macquarie University	1:07.14
8	Nicotra, Alexia	13	Revesby	1:08.11
9	Semos, Isabella	14	Manly	1:09.23

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 36 Women 13 & Over 100 LC Meter Freestyle)**

0	Sainsbury, Jessica	13	Knox Pymble	1:10.94
1	Stone, Alexandra	13	Windsor	1:10.60
2	Yen, Mikayla	15	Norwest	1:09.99
3	Kumcevski, Clarissa	14	Sans Souci	1:09.53
4	Kegg, Delilah	13	Mittagong	1:09.35
5	Nicotra, Analise	13	Revesby	1:09.44
6	Daniell, Kayla	13	Macquarie University	1:09.91
7	Kikuchi, Mirei	13	Plc Sydney	1:10.47
8	Fenning, Alexis	13	Picton	1:10.65
9	Yu, Olivia	14	Lane Cove	1:11.06

**Heat 6 of 6 Timed Finals**

1	Singh, Pareena	14	Castle Hill Rsl	1:14.10
2	Liu, Rena	13	Macquarie University	1:12.98
3	Hazell, Lyla	16	Loreto Normanhurst	1:12.23
4	Loh, Makayla	13	Castle Hill Rsl	1:11.08
5	Ward, Emma	13	Lane Cove	1:11.93
6	Stephen, Willow	13	Windsor	1:12.40
7	Gulia, Ria	14	Sopac	1:13.09
8	Li, Isabel	13	Norwest	1:14.13

**Event 37 Men 12 & Under 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Timed Finals**

0	Kim, Edward	12	Norwest	41.15
1	Zhao, Timmy	11	Auburn SC	40.15
2	Petrie, William	12	Lower Blue Mountains	39.17
3	Zhao, Dean	11	Norwest	38.25
4	McBrien, Christian	11	Norwest	35.77
5	McGee, Carter	12	Sopac	37.38
6	Honor, Bradley	11	Sopac	39.07
7	McGee, Ollie	10	Sopac	40.02
8	Sinclair, Levi	12	Woy Woy	40.23
9	Massali-Singh, Armaan	12	Norwest	41.26

**Heat 2 of 10 Timed Finals**

0	Hawkyard, Joseph	11	Nowra	44.37
1	Song, Chris	10	Lane Cove	42.99
2	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	42.69
3	Way, Mathias	12	Gosford	42.21
4	Oxenford, Noah	12	Knox Pymble	41.72
5	Alvarez, Lucas	12	Windsor	41.99
6	Ranasinghe, Oneth	12	Castle Hill Rsl	42.28
7	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	42.75
8	Vicary, Byron	11	Forster	44.19
9	He, Zhenglin	12	Macquarie University	44.48

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 3 Timed Finals... (Event 37 Men 12 & Under 50 LC Meter Breaststroke)**

0	Huo, Wilson	10	St George	47.22
1	Kwon, Nicholas	12	Macquarie University	46.39
2	Jiang, Lawrence	11	Auburn SC	45.51
3	Maclennan, Harvey	12	Macquarie University	45.21
4	Zhao, Jayden	12	Norwest	44.54
5	Song, Ethan	9	Lane Cove	44.66
6	Dong, Wenshuo	11	Kincoppal-Rose Bay	45.38
7	Gulia, Rishik	12	Sopac	46.07
8	Qu, Aaron	10	Castle Hill Rsl	46.67
9	Wiseman, Coby	12	Slc Aquadot	47.97

**Heat 4 of 10 Timed Finals**

0	Lee, Joshua	11	Knox Pymble	49.08
1	Field, Noah	12	Narooma	48.89
2	Liu, Roy	11	Swim Infiniti	48.32
3	Raymond, Evan	12	Bluefins	48.07
4	Shi, Eric	12	Norwest	48.03
5	Neoh, Ethan Wenyao	12	Swim Infiniti	48.04
6	Davies, Rowan	12	Gosford	48.09
7	Wu, Arthur	9	Norwest	48.80
8	Havron, Oliver	12	Norwest	48.93
9	Wang, Tian	10	Sopac	49.29

**Heat 5 of 10 Timed Finals**

0	Ladden, Tyler	11	Sopac	51.62
1	Morgan, Ethan	9	Hunter	50.93
2	Smith, Harrison	12	Mittagong	49.77
3	Zhang, Mark	9	Plc Sydney	49.74
4	Meldrum, Immanuel	10	Sopac	49.41
5	Low, Henry	10	Woy Woy	49.69
6	Wang, Matthew	10	Norwest	49.76
7	Stone, Harrison	10	Windsor	50.28
8	Luk, Austin	9	Carlile	51.50
9	Sebire, Emerson	11	The Hills	51.73

**Heat 6 of 10 Timed Finals**

0	Vakili, Harrison	10	Lane Cove	53.22
1	Street, Lucas	10	Leichhardt	52.81
2	Xu, Harry	8	Norwest	52.52
3	Goddard, Harrison	8	Mount Annan	52.18
4	Lee, David	10	Parramatta	51.78
5	Kang, Aaron	9	Sopac	51.83
6	Wang, Sean	11	Auburn SC	52.29
7	Barisic, Patrick	11	Sopac	52.68
8	Kawanishi, Junpei	10	Carlile	52.90
9	Guo, Hayden	10	Lane Cove	53.29

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 7 Timed Finals... (Event 37 Men 12 & Under 50 LC Meter Breaststroke)**

0	Kegg, Ryan	11	Mittagong	55.08
1	Vakili, Hunter	10	Lane Cove	54.96
2	Zhang, Lucas	9	Norwest	54.37
3	Dobson, Byron	9	Kincumber Pacific Dolphins	54.03
4	Jin, Cody	10	Norwest	53.42
5	Huang, Jayden	9	Knox Pymble	53.80
6	Wang, Aaron	9	Knox Pymble	54.14
7	Ellison, Lukas	9	Dapto	54.65
8	Parsons, Blaire	11	Mingara	55.08
9	Liu, Boao	8	Norwest	55.15

**Heat 8 of 10 Timed Finals**

0	Sproll, Oliver	9	Kincumber Pacific Dolphins	57.29
1	Yang, Ashton	8	Knox Pymble	57.18
2	Hagen, Billy	10	Mittagong	56.29
3	Sproll, Joseph	11	Kincumber Pacific Dolphins	55.79
4	Di, Elvin	10	Castle Hill Rsl	55.38
5	Lee, Flynn	8	Parramatta	55.72
6	Royal, Marlow	12	Lane Cove	56.02
7	Qian, Ethan	8	Revesby	56.81
8	Wen, Luke	9	Castle Hill Rsl	57.23
9	Wang, Justin	9	Norwest	57.63

**Heat 9 of 10 Timed Finals**

0	Savic, Adrian	12	Lane Cove	1:00.21
1	Childs, Xabi	11	Plc Sydney	59.74
2	Kakkad, Dhruv	10	Norwest	59.02
3	Mills, Luca	10	Windsor	58.34
4	Zhang, Aaron	8	Mlc Marlins	57.97
5	Har, Aiden	8	Mlc Marlins	58.29
6	Coyne, Liam	9	Sopac	58.62
7	Lang, Oliver	8	Norwest	59.43
8	Georgaris, Kye	10	Sans Souci	1:00.06
9	Irwin, Marcus	10	Norwest	1:00.54

**Heat 10 of 10 Timed Finals**

1	Perry, Jett	7	Norwest	1:04.99
2	Liu, Matthew	9	Swim Infiniti	1:03.77
3	Beck, Zachary	9	Lane Cove	1:02.48
4	Skinner, Toby	9	Sopac	1:00.73
5	Zhuo, Youting	9	Swim Infiniti	1:02.18
6	Katoozi, Kaveh	11	Lane Cove	1:02.80
7	Irwin, Samuel	7	Norwest	1:04.91

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 38 Women 12 & Under 50 LC Meter Breaststroke**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 10 Timed Finals</b>				
0	Lee, Irene	11	Parramatta	43.00
1	Lin, Aurora	11	Castle Hill Rsl	41.99
2	Yu, Carolyn	12	Revesby	41.22
3	Yung, Rachael	12	Knox Pymble	40.73
4	Assaf, Isabella	12	Norwest	39.64
5	Cai, Dora	10	Mlc Marlins	39.69
6	Nicoletti, Bianca	12	Norwest	41.17
7	Sumner, Alannah	12	Norwest	41.63
8	Chapman, Tahlia	11	Windsor	42.23
9	Gaudry, Millie	11	Warringah	43.40
<b>Heat 2 of 10 Timed Finals</b>				
0	Sunderland, Poppy	12	Knox Pymble	44.49
1	Hugo, Jaimee	11	Revesby	44.33
2	Petrie, Sophie	10	Lower Blue Mountains	44.00
3	Clayton, Ella	11	Trinity Grammar	43.73
4	Reddie, Sienna	12	Novocastrian	43.54
5	Kumar, Vrinda	11	Plc Sydney	43.65
6	McIntyre, Bernadette	12	The Hills	43.94
7	Viloria, Sophie	11	The Hills	44.02
8	Loh, Kathleen	11	Norwest	44.38
9	Lee, Romee	9	Parramatta	44.70
<b>Heat 3 of 10 Timed Finals</b>				
0	Gouws, Olivia	12	Loreto Normanhurst	45.53
1	Chen, Abigail	10	Plc Sydney	45.34
2	Miller, Priscilla	10	Sopac	45.28
3	Heslop, Scarlett	12	Ripples St Marys	44.92
4	Li, Sophia	11	Ravenswood	44.82
5	Xu, Joanna	10	Sopac	44.86
6	Qian, Jasmine	11	Swim Infiniti	45.11
7	Fan, Cynthia	11	Swim Infiniti	45.29
8	Wu, Elva	11	Swim Infiniti	45.35
9	Oconnor, Vienna	11	Windsor	45.74
<b>Heat 4 of 10 Timed Finals</b>				
0	Spiteri, Sienna	12	Leichhardt	48.95
1	Pan, Lena	10	Knox Pymble	48.63
2	Harrington, Rose	11	Norwest	47.95
3	Hughes, Sofia	11	Revesby	47.52
4	Samyia, Lucinda	12	Bluefins	46.30
5	Park, Ally	12	Castle Hill Rsl	46.40
6	Park, Kaylene	10	Parramatta	47.83
7	Williams, Sydney	9	Windsor	48.20
8	Murphy, Tully	12	Norwest	48.82
9	Wu, Sophia	11	Knox Pymble	49.14

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 38 Women 12 & Under 50 LC Meter Breaststroke)**

0	Collins, Elizabeth	10	Sopac	50.23
1	Notley, Charlotte	10	Knox Pymble	50.11
2	Liu, Mengqi	10	Sopac	50.06
3	Kang, Lauren	10	Parramatta	49.90
4	Qian, Laura	11	Revesby	49.44
5	Liang, Miranda	10	Wenona	49.50
6	Saliba, Amelia	11	Nepean	50.05
7	Weir, Aila-Rose	10	Bluefins	50.11
8	Piniero, Cairee	9	Sopac	50.14
9	McDonald, Mieke	9	Norwest	50.66

**Heat 6 of 10 Timed Finals**

0	Connolly, Emily	11	Swimwest	51.84
1	Roden, Indi	10	Ripples St Marys	51.24
2	Negri, Keira	12	Norwest	51.08
3	Gao, Tiffany	11	Sopac	50.81
4	Perry, Zahli	11	Norwest	50.71
5	Lac, Alexandra	11	Ku-ring-gai	50.75
6	Green, Elsie	10	Carlile	51.04
7	Kim, Isabella	9	Parramatta	51.18
8	Lin, Selene	9	Castle Hill Rsl	51.73
9	Fardell, Ava	11	Kincumber Pacific Dolphins	51.99

**Heat 7 of 10 Timed Finals**

0	Yu, Joyce	11	Mosman	54.08
1	Khaliqi, Menhal	9	Acu Blacktown	53.78
2	Huang, Claire	8	Auburn SC	52.75
3	Crosbie, Liliane	10	Revesby	52.45
4	Cox, Serena	10	Manly	52.22
5	Vintila, Isabelle	10	Castle Hill Rsl	52.28
6	Teng, Eva	9	Auburn SC	52.58
7	Mok, Milena	9	Mlc Marlins	53.13
8	Ventra, Kimberley	8	Southern Sydney	53.93
9	Ranasinghe, Onelly	10	Castle Hill Rsl	54.64

**Heat 8 of 10 Timed Finals**

0	Mcgauley, Holly	10	Castle Hill Rsl	58.86
1	Shi, Mia	10	Norwest	57.53
2	Williams, Emilee	11	Mingara	56.00
3	Tsang, Charlene	9	Macquarie University	55.36
4	Green, Frankie	11	Wauchope	54.76
5	Heslop, Mackenzie	10	Ripples St Marys	55.09
6	Perry, Harper	9	Norwest	55.66
7	Lu, Ailin	9	Carlile	56.98
8	McGee, Jemima	8	Sopac	58.43
9	Sablina, Darya	8	Norwest	59.22

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 9 Timed Finals... (Event 38 Women 12 & Under 50 LC Meter Breaststroke)**

0	Bovino, Lucinda	9	AquaBlitz Toongabbie	1:02.29
1	Thukral, Cristal	11	Castle Hill Rsl	1:01.44
2	Georgaris, Kelsey	8	Sans Souci	1:01.09
3	Hagen, Mae	9	Mittagong	59.82
4	Everson, LilyEve	9	Macquarie University	59.35
5	Fallins, Lucinda	10	Norwest	59.53
6	Zhou, Hayley	9	Carlile	1:00.91
7	Perry, Emily	9	Gloucester	1:01.39
8	Bottino, Eliana	11	Castle Hill Rsl	1:01.60
9	Dimalibot, Arya Sophia	8	Castle Hill Rsl	1:02.99

**Heat 10 of 10 Timed Finals**

2	Alvarez, Sophia	7	Windsor	1:04.80
3	Huang, Erin	9	Coulter	1:03.84
4	Zhang, Chloe	10	Castle Hill Rsl	1:03.69
5	Pradhan, Sachie	9	Coulter	1:03.81
6	Zhou, Leona	10	Carlile	1:04.05
7	Williams, Ruby	9	Mingara	1:04.96

**Event 39 Men 13 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Timed Finals**

0	Tuthill, Xander	13	Ripples St Marys	33.63
1	Huang, Lucas	15	Auburn SC	33.42
2	London, Daniel	15	Macquarie University	32.85
3	Au-Yeung, Nathan	15	The Hills	32.49
4	Mercer, Jack	15	Barker	31.64
5	Napoli, James	16	Lane Cove	31.85
6	Bell, Darcy	17	Windsor	32.62
7	Mudannayake, Riyon	14	Sopac	33.27
8	Brown, Ryan	15	Forster	33.53
9	Kitcher, James	17	Norwest	33.88

**Heat 2 of 4 Timed Finals**

0	Assaf, Joseph	16	Norwest	36.37
1	Street, Lochlan	17	Swimwest	34.92
2	Morgan, William	16	Carlile	34.55
3	Clayton, Maximilian	13	Trinity Grammar	34.41
4	McDonald, Finn	14	Norwest	34.15
5	Chao, Chio Ham Hayden	14	Macquarie University	34.17
6	Martin, Thomas	14	Ravenswood	34.49
7	Huang, James	14	Norwest	34.88
8	Lay, Kingston	13	Castle Hill Rsl	35.09
9	Guo, Christopher	14	Macquarie University	36.46

**Heat 3 of 4 Timed Finals**

0	Bao, Michael	14	Norwest	40.44
1	Hu, Ronni	13	Sopac	39.08
2	Malan, Emmett	14	Macquarie University	38.42
3	Ritchie, Lachlan	14	Sopac	37.38
4	Lowe, Ethan	15	Macquarie University	36.67
5	Scott, Ben	14	Macquarie University	36.73
6	Kwon, Christopher	15	Macquarie University	38.26
7	Brown, Riley	14	Forster	38.84
8	Fang, Justin	13	Mlc Marlins	39.53
9	Trung, Nguyen	13	Sopac	40.76

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 4 Timed Finals... (Event 39 Men 13 & Over 50 LC Meter Breaststroke)**

0	Harris, Rory	13	Ripples St Marys	54.08
1	Sunderland, Wilf	14	Ku-ring-gai	47.64
2	Rambow, Aidan	13	The Hills	45.37
3	Munday, Campbell	13	Macquarie University	42.60
4	Viloria, Sebastian	13	The Hills	41.12
5	Dewey, James	13	Sopac	41.42
6	O'Brien, Andrew	13	Norwest	44.43
7	Bhattacharjee, Jishnu	13	Auburn SC	46.53
8	Hill, Sean	13	Bluefins	49.52

**Event 40 Women 13 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Timed Finals**

0	Daniell, Grace	15	Kincumber Pacific Dolphins	36.60
1	Assaf, Amelie	14	Norwest	36.44
2	McLeod, Callie	15	Picton	35.36
3	Jin, Christine	16	Mlc Marlins	34.74
4	McBrien, Gabriella	16	Norwest	33.55
5	Low, Megan	15	Woy Woy	34.65
6	Yi, Isabelle	16	Sopac	35.00
7	Napoli, Kate	14	Loreto Normanhurst	35.85
8	Costa, Valentina	17	Charlestown	36.59
9	Arnot, Annabel	16	Mittagong	36.69

**Heat 2 of 5 Timed Finals**

0	Roden, Addison	13	Ripples St Marys	38.67
1	yeo, tam	14	Castle Hill Rsl	38.31
2	Wong, Lok Yiu Kaylie	14	Norwest	38.09
3	Ward, Emma	13	Lane Cove	37.88
4	Gaudry, Chloe	14	Wenona	37.00
5	Simsek, Alice	14	Sans Souci	37.31
6	Kumcevski, Clarissa	14	Sans Souci	38.00
7	Watson, Billi	13	Windsor	38.09
8	Thanos, Stephanie	13	Sopac	38.47
9	Vintila, Andra	15	Castle Hill Rsl	39.20

**Heat 3 of 5 Timed Finals**

0	Perry, Kaitlin	13	Forster	42.10
1	Toia, Olivia	13	Sopac	40.80
2	Bosso-Gardiner, Sofia	13	Plc Sydney	40.65
3	Park, Emma	15	Castle Hill Rsl	40.35
4	Song, Sarah	14	The Hills	39.24
5	Kumar, Sahana	14	Plc Sydney	39.57
6	Brown, Olivia	15	Windsor	40.37
7	Hooley, Ella	13	Manly	40.72
8	Kang, Amy Nahi	13	Macquarie University	41.23
9	Ng, Aliza	13	Castle Hill Rsl	42.11



## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 4 Timed Finals... (Event 40 Women 13 & Over 50 LC Meter Breaststroke)**

0	Hazell, Lyla	16	Loreto Normanhurst	45.54
1	Hand, Madeleine	19	Windsor	44.72
2	Yu, Olivia	14	Lane Cove	44.50
3	Navarro-Flood, Caoilainn	13	Plc Sydney	43.94
4	Lavender, Sophie	13	Windsor	42.52
5	Loh, Makayla	13	Castle Hill Rsl	42.89
6	Weerakoon, Lara	14	Norwest	44.15
7	Gulia, Ria	14	Sopac	44.70
8	He, Gaby	14	Macquarie University	45.11
9	Morgan, Claudia	13	Hunter	45.69

**Heat 5 of 5 Timed Finals**

0	Costa, Tiana	13	Norwest	52.91
1	huo, Jessica	13	St George	50.79
2	Yen, Mikayla	15	Norwest	48.38
3	Singh, Pareena	14	Castle Hill Rsl	47.04
4	Basaran, Leyla	14	Swimwest	45.93
5	Davis, Summer	14	Picton	46.35
6	Vandermeer, Amelia	16	Ripples St Marys	47.22
7	Kelly, Isabelle	13	Manly	50.59
8	Green, Matilda	13	Wauchope	51.07

**Event 41 Men 50 LC Meter Breaststroke Multi-Class**

Lane	Name	Age	Team	Seed Time
4	Williams, Michael	12	Norwest	49.75

**Event 42 Women 50 LC Meter Breaststroke Multi-Class**

Lane	Name	Age	Team	Seed Time
4	Mulcahy, Bridget Deborah	12	Kincumber Pacific Dolphins	52.83
5	Sebire, Elodie SB14	13	Norwest	1:02.97

**Event 43 Men 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
0	Fisher, Oliver	13	Ravenswood	2:49.31
1	Zheng, JunQi	14	Castle Hill Rsl	2:27.10
2	Bunney, Lachlan	16	Kincumber Pacific Dolphins	2:18.33
3	Keat, Hamish	17	Picton	2:15.12
4	Gauci, James	17	Sopac	2:03.02
5	Kalkanas, William	19	Lane Cove	2:07.08
6	Suvajac, Nicholas	17	Norwest	2:16.38
7	Sullivan, Sean	14	Mount Annan	2:23.91
8	McGee, Carter	12	Sopac	2:33.57
9	Wyper (V), Blake	12	Somerset College	3:09.97

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 44 Women 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
1	Turk, Josephina	14	Carlile	2:56.48
2	Leros, Marissa	14	Sans Souci	2:39.79
3	Garufi, Regan	16	Loreto Normanhurst	2:36.37
4	Spadari, Alice	14	Hunter	2:31.76
5	Bochenek, Iris	14	Revesby	2:35.59
6	Song, Sarah	14	The Hills	2:36.90
7	Old, Madeline	15	The Hills	2:46.03
8	Watson, Billi	13	Windsor	3:09.85

**Event 45 Men 12 & Under 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Timed Finals</b>				
0	Kim, Edward	12	Norwest	37.99
1	Maclennan, Harvey	12	Macquarie University	37.23
2	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	36.76
3	Brown, Luke	12	Windsor	35.80
4	Pilbeam, James	12	Norwest	35.32
5	Jin, Daniel	10	Auburn SC	35.63
6	Mead, Kobi	12	Slc Aquadot	36.36
7	Liu, Eddy	12	Trinity Grammar	37.22
8	Havron, Oliver	12	Norwest	37.82
9	Slater, Mitchell	11	Barker	38.52
<b>Heat 2 of 9 Timed Finals</b>				
0	Georgaris, Kye	10	Sans Souci	42.52
1	Wang, Tian	10	Sopac	41.69
2	Guo, Hayden	10	Lane Cove	39.87
3	He, Zhenglin	12	Macquarie University	39.43
4	Qu, Aaron	10	Castle Hill Rsl	38.70
5	Ranasinghe, Oneth	12	Castle Hill Rsl	38.80
6	Shen, Daniel	12	Macquarie University	39.77
7	Miller, Jackson	12	Windsor	39.87
8	Morgan, Alexander	11	Hunter	42.11
9	Neoh, Ethan Wenyao	12	Swim Infinity	42.58
<b>Heat 3 of 9 Timed Finals</b>				
0	Wang, Sean	11	Auburn SC	44.00
1	Hagen, Billy	10	Mittagong	43.89
2	Lee, David	10	Parramatta	43.39
3	Zhang, Lucas	9	Norwest	43.03
4	Parsons, Blaire	11	Mingara	42.81
5	Apthorpe, Flynn	11	Port Macquarie	42.91
6	Smith, Harrison	12	Mittagong	43.14
7	Sproll, Joseph	11	Kincumber Pacific Dolphins	43.69
8	Kang, Aaron	9	Sopac	43.97
9	Dobson, Byron	9	Kincumber Pacific Dolphins	44.37

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 4 Timed Finals... (Event 45 Men 12 & Under 50 LC Meter Backstroke)**

0	Way, Mathias	12	Gosford	45.66
1	Meldrum, Immanuel	10	Sopac	45.50
2	Street, Lucas	10	Leichhardt	45.43
3	Vakili, Hunter	10	Lane Cove	45.12
4	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	44.57
5	Zhao, Jayden	12	Norwest	44.71
6	Huo, Wilson	10	St George	45.17
7	Yang, Ashton	8	Knox Pymble	45.49
8	Huang, Jayden	9	Knox Pymble	45.58
9	Ladden, Tyler	11	Sopac	45.70

**Heat 5 of 9 Timed Finals**

0	Vakili, Harrison	10	Lane Cove	48.33
1	Ting, Lawrence	10	Swim Infiniti	47.54
2	Coyne, Liam	9	Sopac	47.30
3	Field, Noah	12	Narooma	46.64
4	Dong, Wenshuo	11	Kincoppal-Rose Bay	46.17
5	Har, Aiden	8	Mlc Marlins	46.52
6	Morgan, Ethan	9	Hunter	47.03
7	Xu, Harry	8	Norwest	47.39
8	Liu, Boao	8	Norwest	47.71
9	Kawanishi, Junpei	10	Carlile	48.51

**Heat 6 of 9 Timed Finals**

0	Savic, Adrian	12	Lane Cove	49.01
1	Raymond, Evan	12	Bluefins	48.87
2	Li, Matthew	10	Sopac	48.62
3	Wang, Matthew	10	Norwest	48.54
4	Ellison, Lukas	9	Dapto	48.52
5	Zhang, Mark	9	Plc Sydney	48.53
6	Kakkad, Dhruv	10	Norwest	48.55
7	Stone, Harrison	10	Windsor	48.73
8	Jin, Cody	10	Norwest	48.88
9	Qian, Ethan	8	Revesby	49.23

**Heat 7 of 9 Timed Finals**

0	Bao, Andrew	9	Norwest	51.57
1	Wang, Ryan	7	Auburn SC	50.47
2	Luk, Austin	9	Carlile	50.17
3	Zhang, Aaron	8	Mlc Marlins	49.71
4	Ellison, Kobi	8	Dapto	49.38
5	Sproll, Oliver	9	Kincumber Pacific Dolphins	49.49
6	Sebire, Emerson	11	The Hills	49.81
7	Wang, Aaron	9	Knox Pymble	50.19
8	Connolly, Benjamin	10	Swimwest	50.71
9	Skinner, Toby	9	Sopac	52.55

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 8 Timed Finals... (Event 45 Men 12 & Under 50 LC Meter Backstroke)**

0	Smith, Jamie	10	Mittagong	54.95
1	Irwin, Marcus	10	Norwest	54.61
2	Beck, Zachary	9	Lane Cove	53.69
3	Di, Elvin	10	Castle Hill Rsl	53.21
4	Lang, Oliver	8	Norwest	52.77
5	Cox, William	9	Norwest	53.14
6	Wang, Justin	9	Norwest	53.30
7	Lee, Flynn	8	Parramatta	54.15
8	Yao, Mo	8	Mlc Marlins	54.94
9	Cook, Edward	9	Norwest	57.23

**Heat 9 of 9 Timed Finals**

2	Irwin, Samuel	7	Norwest	59.96
3	Lee, Joshua	11	Knox Pymble	59.29
4	Wu, Dylan	9	Hornsby	57.25
5	Sebire, Lawson	9	Norwest	59.11
6	Zhang, Ethan	7	Castle Hill Rsl	59.69
7	Perry, Jett	7	Norwest	1:00.00

**Event 46 Women 12 & Under 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Timed Finals</b>				
0	Lockie, Aimee	12	Woy Woy	37.24
1	Yu, Carolyn	12	Revesby	36.85
2	Miller, Priscilla	10	Sopac	36.46
3	Hume, Zara	12	Windsor	35.42
4	Dale, Ruby	11	Castle Hill Rsl	34.27
5	Raven, Evie	12	Plc Sydney	34.50
6	Ho, Allisa	12	Castle Hill Rsl	35.80
7	Lee, Irene	11	Parramatta	36.57
8	Oconnor, Vienna	11	Windsor	37.24
9	Nicoletti, Bianca	12	Norwest	37.34
<b>Heat 2 of 11 Timed Finals</b>				
0	Heslop, Scarlett	12	Ripples St Marys	39.16
1	Lee, Romee	9	Parramatta	39.04
2	Cai, Dora	10	Mlc Marlins	38.75
3	Gaudry, Millie	11	Warringah	37.79
4	Lin, Aurora	11	Castle Hill Rsl	37.45
5	Hugo, Jaimee	11	Revesby	37.57
6	Xu, Hailee	11	Plc Sydney	38.56
7	Sullivan, Angelica	11	Mount Annan	38.88
8	Chen, Abigail	10	Plc Sydney	39.07
9	Sunderland, Poppy	12	Knox Pymble	39.19
<b>Heat 3 of 11 Timed Finals</b>				
0	Lac, Alexandra	11	Ku-ring-gai	40.86
1	Harrington, Rose	11	Norwest	40.24
2	Park, Kaylene	10	Parramatta	40.16
3	Mok, Milena	9	Mlc Marlins	39.36
4	Lutschenkow, Lily	12	Manly	39.28
5	Fisher, Claire	11	Ravenswood	39.36
6	Gouws, Olivia	12	Loreto Normanhurst	39.49
7	Xu, Joanna	10	Sopac	40.17
8	Qian, Jasmine	11	Swim Infiniti	40.54
9	McIntyre, Bernadette	12	The Hills	40.89

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 4 Timed Finals... (Event 46 Women 12 & Under 50 LC Meter Backstroke)**

0	Young, Charlotte	12 Windsor	42.30
1	Park, Ally	12 Castle Hill Rsl	42.01
2	Crosbie, Liliane	10 Revesby	41.37
3	Loh, Kathleen	11 Norwest	41.16
4	Park, Dana	11 Parramatta	41.11
5	Connolly, Emily	11 Swimwest	41.15
6	Liu, Mengqi	10 Sopac	41.35
7	Graham, Mia	12 Macquarie University	41.99
8	Watson, Chloe	11 Manly	42.25
9	Wu, Sophia	11 Knox Pymble	42.32

**Heat 5 of 11 Timed Finals**

0	Negri, Keira	12 Norwest	43.87
1	Collins, Elizabeth	10 Sopac	43.80
2	Lin, Selene	9 Castle Hill Rsl	43.47
3	Perry, Zahli	11 Norwest	42.94
4	Murphy, Tully	12 Norwest	42.47
5	Hughes, Sofia	11 Revesby	42.65
6	Liang, Miranda	10 Wenona	43.35
7	Fan, Cynthia	11 Swim Infiniti	43.55
8	Huang, Claire	8 Auburn SC	43.84
9	Kang, Lauren	10 Parramatta	43.94

**Heat 6 of 11 Timed Finals**

0	Gao, Tiffany	11 Sopac	45.49
1	Shi, Emily	9 Norwest	45.03
2	Sablina, Milla	11 Norwest	44.74
3	McDonald, Mieke	9 Norwest	44.15
4	Assaf, Lucia	10 Norwest	44.00
5	Hagen, Mae	9 Mittagong	44.05
6	Williams, Emilee	11 Mingara	44.45
7	Guraya, Saranjeet Kaur	11 Windsor	44.93
8	Fallins, Lucinda	10 Norwest	45.14
9	Ventra, Kimberley	8 Southern Sydney	45.54

**Heat 7 of 11 Timed Finals**

0	Saliba, Amelia	11 Nepean	47.33
1	Shi, Mia	10 Norwest	46.69
2	Mcgauley, Holly	10 Castle Hill Rsl	46.39
3	Pan, Lena	10 Knox Pymble	45.95
4	Fardell, Ava	11 Kincumber Pacific Dolphins	45.69
5	Nutt, Samantha	12 Loreto Normanhurst	45.83
6	Viloria, Sophie	11 The Hills	46.05
7	Wu, Elva	11 Swim Infiniti	46.48
8	Qian, Laura	11 Revesby	47.14
9	Teng, Eva	9 Auburn SC	47.42

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 8 Timed Finals... (Event 46 Women 12 & Under 50 LC Meter Backstroke)**

0	Heslop, Mackenzie	10	Ripples St Marys	49.29
1	Green, Elsie	10	Carlile	48.67
2	Perry, Harper	9	Norwest	48.37
3	Ranasinghe, Onelly	10	Castle Hill Rsl	48.13
4	Williams, Sydney	9	Windsor	47.79
5	Vintila, Isabelle	10	Castle Hill Rsl	48.00
6	McGee, Jemima	8	Sopac	48.23
7	Kim, Isabella	9	Parramatta	48.61
8	Bottino, Eliana	11	Castle Hill Rsl	48.89
9	Zhang, Chloe	10	Castle Hill Rsl	49.33

**Heat 9 of 11 Timed Finals**

0	Zhou, Hayley	9	Carlile	54.28
1	Zhao, Rebecca	8	Macquarie University	52.79
2	Bovino, Lucinda	9	AquaBlitz Toongabbie	52.39
3	Sablina, Darya	8	Norwest	51.64
4	Khaliqi, Menhal	9	Acu Blacktown	49.61
5	Pradhan, Sachie	9	Coulter	50.83
6	Ye, Ellie	8	Auburn SC	51.83
7	Lu, Ailin	9	Carlile	52.55
8	Huang, Erin	9	Coulter	53.25
9	Georgaris, Kelsey	8	Sans Souci	54.34

**Heat 10 of 11 Timed Finals**

1	Vlainic, Olivia	8	Norwest	56.01
2	Dimalibot, Arya Sophia	8	Castle Hill Rsl	55.21
3	Nguyen, Celine	9	Parramatta	55.00
4	Green, Frankie	11	Wauchope	54.75
5	Zhou, Leona	10	Carlile	54.96
6	Kirkland, Bianca	8	Norwest	55.13
7	Everson, LilyEve	9	Macquarie University	55.69
8	Tsang, Charlene	9	Macquarie University	56.18

**Heat 11 of 11 Timed Finals**

3	Perry, Emily	9	Gloucester	59.08
4	Williams, Ruby	9	Mingara	57.24
5	Thukral, Cristal	11	Castle Hill Rsl	57.54

**Event 47 Men 13 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Timed Finals</b>				
0	Parry, Oliver	16	Norwest	30.37
1	London, Daniel	15	Macquarie University	29.81
2	Regattieri, Tahj	15	Kincumber Pacific Dolphins	29.67
3	Wilson, Angus	15	Norwest	29.04
4	Lawrence, Daniel	16	Ravenswood	27.60
5	Kelly, Hunter	17	Lower Blue Mountains	28.50
6	Hand, Joshua	15	The Hills	29.25
7	Lawrence, Cameron	14	Ravenswood	29.69
8	Mathie, Blake	18	Norwest	30.23
9	Kitcher, James	17	Norwest	30.40

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 2 Timed Finals... (Event 47 Men 13 & Over 50 LC Meter Backstroke)**

0	Ding, Lucas	13	Macquarie University	32.76
1	Malan, Emmett	14	Macquarie University	31.60
2	Suwattanametin, Pi Piyaput	17	Mount Annan	31.46
3	McNaught, Hamish	16	Barker	31.35
4	Mateo, Ethan	15	Castle Hill Rsl	30.75
5	Vella, Brodie	16	Acu Blacktown	30.83
6	Au-Yeung, Nathan	15	The Hills	31.39
7	Havron, Liam	16	Norwest	31.52
8	McIntyre, Ethan	15	The Hills	32.57
9	Kelly, Finn	13	Lower Blue Mountains	33.49

**Heat 3 of 4 Timed Finals**

0	Fang, Justin	13	Mlc Marlins	37.74
1	Hu, Ronni	13	Sopac	37.10
2	Guo, Christopher	14	Macquarie University	36.72
3	Ford, Samuel	14	Macquarie Shores	35.14
4	Ritchie, Lachlan	14	Sopac	34.42
5	O'Maley, Lucas	13	Mittagong	34.58
6	Geng, Jaiden	14	Castle Hill Rsl	35.95
7	Davies, Liam	15	Gosford	36.93
8	Bao, Michael	14	Norwest	37.59
9	Dewey, James	13	Sopac	37.83

**Heat 4 of 4 Timed Finals**

0	Harris, Rory	13	Ripples St Marys	45.84
1	Hill, Sean	13	Bluefins	43.94
2	Bhattacharjee, Jishnu	13	Auburn SC	41.00
3	Boyden, Marcus	14	Lane Cove	39.95
4	Abbott, Thomas	13	Norwest	38.60
5	O'Brien, Andrew	13	Norwest	38.86
6	Mundey, Campbell	13	Macquarie University	40.76
7	Viloria, Sebastian	13	The Hills	41.17
8	Helal, Yousef	13	Norwest	44.50

**Event 48 Women 13 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Timed Finals</b>				
0	Robinson, Matilda	15	Norwest	32.84
1	Rambow, Amity	18	The Hills	32.58
2	Milanovic, Lily	15	Kincumber Pacific Dolphins	32.45
3	Carmichael, Hannah	16	Knox Pymble	32.19
4	Stephen, Cordelia	17	Loreto Normanhurst	30.59
5	Raven, Mila	14	Plc Sydney	32.11
6	Ruzek, Felicity	15	Kincumber Pacific Dolphins	32.39
7	Downs, Jade	16	Kincumber Pacific Dolphins	32.52
8	Swann, Amelie	14	Narrabeen	32.66
9	Hadlow, Alyssa	17	The Hills	32.96

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 2 Timed Finals... (Event 48 Women 13 & Over 50 LC Meter Backstroke)**

0	Yi, Kaitlyn	13 Sopac	34.34
1	Kim, Ivy	13 Barker	34.12
2	Bamford, Piper	14 Forster	33.89
3	Gaudry, Chloe	14 Wenona	33.73
4	Finau, Kalia	14 Tivoli	33.19
5	Bosso-Gardiner, Sofia	13 Plc Sydney	33.59
6	Wei, Yvie	15 Macquarie University	33.74
7	Daniell, Kayla	13 Macquarie University	34.01
8	Semos, Isabella	14 Manly	34.29
9	Anderson, Matilda	14 Barker	34.39

**Heat 3 of 6 Timed Finals**

0	Sainsbury, Jessica	13 Knox Pymble	36.20
1	Daniell, Grace	15 Kincumber Pacific Dolphins	35.47
2	Perry, Kaitlin	13 Forster	35.21
3	Callon, Lily	13 Leichhardt	34.88
4	Lavender, Sophie	13 Windsor	34.56
5	Edenborough, Sarah	13 The Hills	34.60
6	Wilson, Madeleine	13 Norwest	34.99
7	Leung, Hailey	14 Castle Hill Rsl	35.23
8	Loh, Makayla	13 Castle Hill Rsl	36.10
9	Stone, Alexandra	13 Windsor	36.34

**Heat 4 of 6 Timed Finals**

0	Stephen, Willow	13 Windsor	39.96
1	Park, Emma	15 Castle Hill Rsl	38.79
2	Vintila, Andra	15 Castle Hill Rsl	38.06
3	Wiseman, Hollie	15 Slc Aquadot	37.28
4	Ng, Aliza	13 Castle Hill Rsl	36.40
5	Navarro-Flood, Caoilainn	13 Plc Sydney	36.64
6	Weerakoon, Lara	14 Norwest	37.80
7	Singh, Pareena	14 Castle Hill Rsl	38.10
8	Hazell, Lyla	16 Loreto Normanhurst	38.92
9	Liu, Rena	13 Macquarie University	40.20

**Heat 5 of 6 Timed Finals**

0	Davis, Summer	14 Picton	43.15
1	Yen, Mikayla	15 Norwest	41.95
2	He, Gaby	14 Macquarie University	41.27
3	Truong, Chloe	13 Macquarie University	40.86
4	Vandermeer, Amelia	16 Ripples St Marys	40.54
5	Kegg, Delilah	13 Mittagong	40.57
6	Kelly, Isabelle	13 Manly	41.17
7	Green, Matilda	13 Wauchope	41.55
8	huo, Jessica	13 St George	42.57
9	Costa, Tiana	13 Norwest	44.36

**Heat 6 of 6 Timed Finals**

3	Bottino, Giaan	13 Castle Hill Rsl	46.55
4	Basaran, Leyla	14 Swimwest	44.45
5	Li, Isabel	13 Norwest	44.46
6	Luland, Sophie	13 Woy Woy	50.08



**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 49 Men 50 LC Meter Backstroke Multi-Class**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
4	Ford, Thomas	16	Macquarie Shores	39.44
5	Williams, Michael	12	Norwest	43.87

**Event 50 Women 50 LC Meter Backstroke Multi-Class**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Timed Finals</b>				
3	Sebire, Elodie S14	13	Norwest	51.93
4	Apthorpe, Iesha S19	19	Nuswim	35.33
5	Mulcahy, Bridget Deborah	12	Kincumber Pacific Dolphins	46.63

**Event 51 Men 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Timed Finals</b>				
0	Khaliqi, Omar	13	Acu Blacktown	2:12.92
1	Negri, Teaghan	15	Norwest	2:09.32
2	Mateo, Ethan	15	Castle Hill Rsl	2:05.86
3	Katehos, Noah	17	Sans Souci	2:03.41
4	Kelly, Hunter	17	Lower Blue Mountains	2:01.18
5	Pattman, Rory	17	Knox Pymble	2:02.39
6	Sebire, Finn	15	The Hills	2:04.37
7	White, Jake	14	Macquarie University	2:07.63
8	Kelly, Finn	13	Lower Blue Mountains	2:11.04
9	McGee, Carter	12	Sopac	2:13.50
<b>Heat 2 of 4 Timed Finals</b>				
0	Honor, Bradley	11	Sopac	2:25.05
1	Mundey, Campbell	13	Macquarie University	2:23.56
2	Lawrence, Cameron	14	Ravenswood	2:22.56
3	Kim, Edward	12	Norwest	2:21.93
4	LI, Kevin	14	Macquarie University	2:18.51
5	Chan, Ryan	14	Sopac	2:19.48
6	McDonald, Finn	14	Norwest	2:22.25
7	Brown, Ryan	15	Forster	2:23.27
8	Keshishian, Zareh	13	Macquarie University	2:24.04
9	Hine, William	13	Lower Blue Mountains	2:27.73
<b>Heat 3 of 4 Timed Finals</b>				
0	Wiseman, Coby	12	Slc Aquadot	2:47.18
1	Park, Gabriel	12	Sopac	2:39.57
2	Huang, Jackson	12	Norwest	2:32.90
3	Zhao, Dean	11	Norwest	2:31.31
4	Sinclair, Levi	12	Woy Woy	2:28.48
5	Suwattanametin, Pi Piyaput	17	Mount Annan	2:28.71
6	Chao, Chio Ham Hayden	14	Macquarie University	2:31.35
7	McGee, Ollie	10	Sopac	2:38.14
8	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	2:46.21
9	Kegg, Ryan	11	Mittagong	2:47.24
<b>Heat 4 of 4 Timed Finals</b>				
3	Harris, Rory	13	Ripples St Marys	2:57.71
4	Carmichael, Hamish	12	Forster	2:51.17
5	Liu, Roy	11	Swim Infiniti	2:57.51

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 52 Women 200 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
<b>Heat 1 of 5 Timed Finals</b>				
0	Khaliqi, Mehnaaz	15	Acu Blacktown	2:18.54
1	Moles, Gracie	14	Macquarie University	2:17.63
2	Goulston, Stella	14	Knox Pymble	2:16.70
3	Leros, Marissa	14	Sans Souci	2:15.76
4	Mayne, Hannah	17	Sopac	2:10.85
5	Gaudry, Chloe	14	Wenona	2:15.26
6	Pickthall, Ruby	15	Knox Pymble	2:16.45
7	Robinson, Matilda	15	Norwest	2:17.48
8	Keating, Caitlyn	13	Sopac	2:18.37
9	Cherry, Emma	14	Norwest	2:18.62
<b>Heat 2 of 5 Timed Finals</b>				
0	Dale, Olivia	13	Castle Hill Rsl	2:24.46
1	Bugeja, Leaneaka	14	Norwest	2:23.92
2	Bridley, Claire	14	Ginninderra	2:21.93
3	Kim, Ivy	13	Barker	2:19.69
4	Assaf, Isabella	12	Norwest	2:18.70
5	Sainsbury, Naomi	17	Knox Pymble	2:18.74
6	Spadari, Alice	14	Hunter	2:20.68
7	Moles, Eva	16	Macquarie University	2:21.96
8	Coyne, Caitlin	13	Sopac	2:24.37
9	Hand, Madeleine	19	Windsor	2:26.38
<b>Heat 3 of 5 Timed Finals</b>				
0	Anderson, Matilda	14	Barker	2:35.65
1	Stone, Alexandra	13	Windsor	2:31.14
2	Bamford, Piper	14	Forster	2:29.97
3	Dale, Ruby	11	Castle Hill Rsl	2:29.26
4	Edenborough, Sarah	13	The Hills	2:27.39
5	Song, Sarah	14	The Hills	2:27.63
6	Hugo, Jaimee	11	Revesby	2:29.72
7	Rosenfeld, Samantha	15	Macquarie University	2:30.10
8	Kegg, Delilah	13	Mittagong	2:31.62
9	Cai, Dora	10	Mlc Marlins	2:35.82
<b>Heat 4 of 5 Timed Finals</b>				
0	Li, Maya	12	Swim Ininiti	2:45.26
1	Li, Sophia	11	Ravenswood	2:42.18
2	Samyia, Lucinda	12	Bluefins	2:39.69
3	Gaudry, Millie	11	Warringah	2:39.13
4	Lutschenkow, Lily	12	Manly	2:38.64
5	Yen, Mikayla	15	Norwest	2:39.12
6	Fenning, Alexis	13	Picton	2:39.28
7	Wu, Sophia	11	Knox Pymble	2:40.32
8	Morgan, Claudia	13	Hunter	2:44.00
9	Vandermeer, Amelia	16	Ripples St Marys	2:46.00

## Norwest LC Quaifying Meet - 13/01/2024

## Meet Program

**Heat 5 Timed Finals... (Event 52 Women 200 LC Meter Freestyle)**

1	Kang, Amy Nahi	13	Macquarie University	2:52.44
2	Harrington, Rose	11	Norwest	2:51.65
3	Davis, Summer	14	Picton	2:49.09
4	Negri, Keira	12	Norwest	2:46.59
5	Mabuchi, Anna	12	Macquarie University	2:48.68
6	Singh, Pareena	14	Castle Hill Rsl	2:49.28
7	Miller, Priscilla	10	Sopac	2:52.07
8	Basaran, Leyla	14	Swimwest	2:53.40

**Event 53 Men 12 & Under 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

0	Casey Fernandez, Knoa	12	Kincumber Pacific Dolphins	1:35.02
1	Gulia, Rishik	12	Sopac	1:29.98
2	Morgan, Alexander	11	Hunter	1:27.33
3	Mead, Kobi	12	Slc Aquadot	1:22.02
4	McBrien, Christian	11	Norwest	1:10.79
5	Pilbeam, James	12	Norwest	1:10.98
6	Dimalibot, Nathan Gabriel	10	Castle Hill Rsl	1:25.03
7	Brown, Luke	12	Windsor	1:27.52
8	Lee, David	10	Parramatta	1:32.43
9	Wyper (V), Blake	12	Somerset College	1:37.14

**Heat 2 of 2 Timed Finals**

1	Zhang, Aaron	8	Mlc Marlins	1:52.38
2	Liu, Boao	8	Norwest	1:51.02
3	Hagen, Billy	10	Mittagong	1:44.33
4	Wang, Tian	10	Sopac	1:37.62
5	Apthorpe, Flynn	11	Port Macquarie	1:43.73
6	Wyper (V), Isaac	10	Somerset College	1:45.12
7	Kang, Aaron	9	Sopac	1:51.40

**Event 54 Women 12 & Under 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Timed Finals**

0	Samyia, Lucinda	12	Bluefins	1:28.46
1	McIntyre, Bernadette	12	The Hills	1:25.37
2	Li, Maya	12	Swim Infiniti	1:20.83
3	Dale, Ruby	11	Castle Hill Rsl	1:16.36
4	Ho, Allisa	12	Castle Hill Rsl	1:12.18
5	Young, Molly	11	Warringah	1:15.93
6	Nicoletti, Bianca	12	Norwest	1:17.77
7	Cai, Dora	10	Mlc Marlins	1:23.21
8	Park, Dana	11	Parramatta	1:25.74
9	Lee, Romee	9	Parramatta	1:30.74

**Heat 2 of 2 Timed Finals**

0	Teng, Eva	9	Auburn SC	1:44.05
1	Fardell, Ava	11	Kincumber Pacific Dolphins	1:42.70
2	Lee, Irene	11	Parramatta	1:38.96
3	Mackay, Madeleine	12	Wollongong	1:38.07
4	Wu, Sophia	11	Knox Pymble	1:30.94
5	Spiteri, Sienna	12	Leichhardt	1:34.98
6	Sullivan, Angelica	11	Mount Annan	1:38.24
7	Saliba, Amelia	11	Nepean	1:40.66
8	Mok, Milena	9	Mlc Marlins	1:44.01

**Norwest LC Quaifying Meet - 13/01/2024**  
**Meet Program**

**Event 55 Men 13 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>				
0	London, Daniel	15	Macquarie University	1:03.27
1	Regattieri, Tahj	15	Kincumber Pacific Dolphins	1:03.11
2	Bunney, Lachlan	16	Kincumber Pacific Dolphins	1:00.53
3	Keat, Hamish	17	Picton	59.74
4	Kalkanas, William	19	Lane Cove	57.25
5	Suvajac, Nicholas	17	Norwest	59.25
6	Jing, Albert	30	Sydney University	59.84
7	Abbott, George	16	Norwest	1:03.03
8	Nam, Junseong	15	Plc Sydney	1:03.13
9	Woodrow, Harrison	16	Barker	1:04.17
<b>Heat 2 of 3 Timed Finals</b>				
0	Ford, Samuel	14	Macquarie Shores	1:12.46
1	Parry, Oliver	16	Norwest	1:08.37
2	Geoghegan, Stefan	15	Norwest	1:07.65
3	McNaught, Hamish	16	Barker	1:06.05
4	Street, Lochlan	17	Swimwest	1:04.56
5	Havron, Liam	16	Norwest	1:05.51
6	Zheng, JunQi	14	Castle Hill Rsl	1:07.41
7	McIntyre, Ethan	15	The Hills	1:08.12
8	Carlisle, Jayden	15	AquaBlitz Toongabbie	1:09.29
9	Boyden, Marcus	14	Lane Cove	1:14.43
<b>Heat 3 of 3 Timed Finals</b>				
2	Huang, Oliver	14	Norwest	1:23.16
3	Brown, Riley	14	Forster	1:19.90
4	Abbott, Thomas	13	Norwest	1:15.67
5	McDonald, Finn	14	Norwest	1:16.48
6	Okazaki, Luca	13	Warringah	1:21.87
7	Hu, Ronni	13	Sopac	1:24.27

**Event 56 Women 13 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>				
0	Downs, Jade	16	Kincumber Pacific Dolphins	1:10.85
1	Spadari, Alice	14	Hunter	1:10.16
2	Leros, Marissa	14	Sans Souci	1:09.75
3	Apthorpe, Iesha S19	19	Nuswim	1:07.62
4	Ruzek, Felicity	15	Kincumber Pacific Dolphins	1:07.54
5	Clayton, Sarah	15	Castle Hill Rsl	1:07.61
6	Scislo, Sophie	14	Forster	1:08.03
7	Chantler, Madison	14	Mlc Marlins	1:10.12
8	Dale, Olivia	13	Castle Hill Rsl	1:10.26
9	Cherry, Emma	14	Norwest	1:12.12

**Norwest LC Quaifying Meet - 13/01/2024****Meet Program****Heat 2 Timed Finals... (Event 56 Women 13 & Over 100 LC Meter Butterfly)**

0	Gulia, Ria	14	Sopac	1:24.36
1	Sainsbury, Jessica	13	Knox Pymble	1:19.81
2	Lavender, Sophie	13	Windsor	1:17.99
3	Rosenfeld, Samantha	15	Macquarie University	1:14.16
4	Wei, Yvie	15	Macquarie University	1:12.66
5	Assaf, Amelie	14	Norwest	1:14.09
6	Binks, Katherine	15	Wollongong	1:16.28
7	Hooley, Ella	13	Manly	1:18.44
8	Perry, Kaitlin	13	Forster	1:23.63
9	He, Gaby	14	Macquarie University	1:24.46